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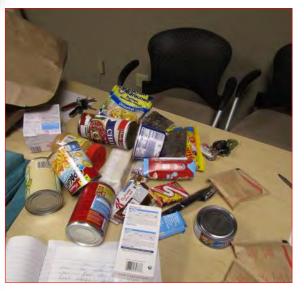
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FRESH NEWS FOR BUSY PEOPLE...WEEKLY ON MONDAYS! TONTROSEM I R R O R

Issue No. 239 Sept. 25, 2017

REAL HELP FOR HOMELESS PEOPLE... Montrose Lighthouse Ministries Gears Up for Winter



Contents of an emergency grocery bag that will be given to a client of Montrose Lighthouse Ministries.

By Caitlin Switzer

MONTROSE-For some, the arrival of the Autumnal Equinox brings joy and anticipation of the winter holiday season. For others, the changing of the leaves and dropping temperatures bring only darkness and fear.

Because for people living on the streets, the arrival of cold, wet weather creates a host of new challenges. Staying warm through the long, cold, nights tops the list. A coordinated effort between several local non-profits has stepped up to make sure that those who need food or a place to stay are not

Montrose Lighthouse Ministries works with Jail Ministries, MADA, Shepherd's Hand, Olathe Corn Farmer John Harold, and local businesses to facilitate a program that helps bring people in from the cold for a night of rest and a hot meal. And though the volunteers from Lighthouse

Ministries regularly go into the

Continued pg 10

ENROLLMENT PLUMMETS AT CMU MONTROSE; CITY DECLINES TO APPRAISE LAND GIFT TO URA

By Gail Marvel

MONTROSE-With the exception of Councilwoman Barbara Bynum, all councilmen were present for the Sept. 18 council work session. Bynum's family vacation plans were scheduled and announced prior to her appointment to city council.

Introduction of New city employ-

Council was introduced to five new city employees. Patrol Officer A.J. Naro, Animal Control Officer Richard Phillips, Golf Course Grounds Superintendent Jon McGinn,

Continued on pg 9



Citizens were given three minutes each to express their concerns on the City's proposed Hillcrest extension project during the city council work session Sept. 18. (L to R) Ron Crouse, John Broadbooks, John Reiher and Tom Haggard. Photo by Gail Marvel.

Gail Marvel's Houses of Worship!

Art Goodtimes Up Bear Creek! Rob Brethouwer

Carole McKelvey's

GAIL MARVEL'S HOUSES OF WORSHIP: GRACE BAPTIST CHURCH "If you reject God you will feel his wrath"

By Gail Marvel

Jesus said, "For where two or three come together in my name, there am I with them" (Matt 18:20 NIV).

MONTROSE-Prior to the start of worship at Grace Baptist Church, husband and wife John and Elaine, along with Amos and Linda were quick to offer a welcome and give a brief synopsis of the church and the efforts to not only refurbish the building, but to rebuild membership. Pastor Shannon Siedsschlag, who has filled the pulpit since November 2015, is the former Victory Baptist Church Youth Pastor. Currently Siedsschlag wears two hats, part-time pastor and part-time construction worker, "Sometimes jobs are slim, but I've never not had a job."

On Aug. 13 there was a bitter-sweet mixture of emotions as some 30 members prepared to bid farewell to youth leaving for college. Siedsschlag, who was getting vehicles ready for two of his three children before they left for college, had car parts and related items strewn on the platform. As a teaser for the sermon he said, "These are for my sermon illustration and object lesson."

Siedsschlag picked Darin out of the audience and asked him to give the opening prayer. Hymn selections, with piano accompaniment, included, "Like a River Glorious," "It is Well With My Soul," and "Jesus Paid it All." Special music, "Your Turn," was sung by college-bound Jeshua Siedsschlag and Scripture reading, (Psalm 78:1-38) was read by Jerry Lingo.

Siedsschlag set the stage for his sermon "Suppression of the Truth" by reflecting on the mission of the Apostle Paul. "Paul didn't want to be a bench warmer. He was willing to deny having a wife and wages. This Gospel changed his life. It changed him from following himself...from being a



perpetrator [persecuting Christians] to becoming a propagator."

Paul had an understanding of who God is and he was not ashamed of the Gospel (Romans1:16). Holding up a clear pint jar of water and motor oil Siedsschlag said, "The motor oil goes to top, they don't mix. On one side of the Gospel we bask [in the Lord] and live by righteous faith; those on the other side live under the wrath of God."

Siedsschlag noted that today there is a mixing, stirring and blending of truth in our society, which is not tolerated by God. "Why? Because God is holy, and because he is holy, he demands we be holy. The problem is that man is not holy...but God calls us to be holy."

"Apart from Christ I have no righteousness in myself. Not only is God holy, he is just and cannot let sin go unpunished. God is angry with the wicked every day. Just because you aren't punished every day for your sins doesn't mean that God is sleeping."

"Being under God's wrath is not a pleasant place to be and God keeps track of

your sins and ungodliness toward him. There is real punishment for those who do not know God and reject him." Siedsschlag described man's wrath as explosive and all about self, but God's wrath is definable. "Paul was not ashamed of God's wrath. If you reject God you will feel his wrath." Holding up a car spring from a Toyota Camry, Siedsschlag explained the strut on a car assembly tries to keep the spring in check. "That spring wants to come back to its full extent and the harder you push, the harder it pushed back. The spring wants to go back to where it's memory is. Man wants to push down on the truth of God and try to suppress it. God is holy and just and not willing that any should perish...but his wrath is real! Those who die in their sins will face God's wrath for eternity."

Contact Information: Grace Baptist Church 1020 South 5th Street Montrose, CO 81401 Pastor Shannon Siedsschlag 970-615-7110 Sunday worship 10:30 a.m.



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Publisher: Caitlin Switzer, Circulation 9,800+

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www.montrosemirror.com editor@montrosemirror.com





REGIONAL NEWS BRIEFS

CITIZENS CLIMATE LOBBY TO MEET IN CENTENNIAL ROOM OCT. 9

Special to the Mirror

MONTROSE-On Oct. 9, 6:30 Citizens' Climate Lobby meets at Centennial room behind Montrose City Hall off plaza. Come promote nonpartisan solutions to re mediating climate change for a sustainable environment.





REGIONAL NEWS BRIEFS

FALL 2017 YOUTH VOLUNTEER FAIR AT RIDGWAY SECONDARY SCHOOL FROM 12:30 TO 1:30 P.M. OCT. 3

Special to the Mirror

MONTROSE-Local nonprofits are invited to meet middle and high school students, share information about their missions and volunteer assignments, and get contact information for prospective volunteers at the Youth Volunteer non-profit Fair in Ridgway Oct. 3, from 12:30 to 1:30 p.m.. Only 30 tables are available, so register early by downloading, filling out and returning the Registration Form. The fair is co-sponsored by the Ridgway Area Chamber of Commerce. Nonprofit chamber members can participate for free; non-members pay a \$10 fee. One nonprofit will be selected to receive a \$100 donation. For information about chamber membership, go to: https://ridgwaycolorado.com/about/member-benefits.



OPINION/EDITORIAL:LETTERS

CLIMATE DISRUPTION INDUCED BY OVERUSE OF FOSSIL FUELS

Editor:

I am disturbed by our general disregard for connecting the dots between climate disruption and our overuse of fossil fuels. This climate disruption is happening world-wide. It is the prime factor in the heightened severity of our hurricanes, floods, fires, droughts, etc. We are doing our country and the world a vast disservice by not connecting the dots, calling out our polluting activities, and requesting legislative solutions. The risk is too high for inaction.

There are several current efforts in Congress, including the Climate Solutions Caucus in the House of Representatives and the Climate Leadership Council in the Senate. Let's encourage our legislators to get involved and not take further risks with our livable environment. We are already experiencing catastrophes that will only get worse and more frequent as we keep up our fossil fuel induced pollution.

Wayne Quade, Montrose

ROBUST LIBRARY IS AN ASSET TO ANY COMMUNITY

Editor:

A robust library is an asset to any community, and we, in Montrose, are fortunate to have one. However, the economic recession of 2007-15 severely challenged the library, with financial reserves required to sustain service. The proposed mill levy increase of .85 mills (less than \$13/year on a home assessed at \$100,000) will restore some programs and staff that were lost, including the number of Bookmobile stops for people who can't get to the library, days of operation, and will attend to deferred maintenance projects. It will also allow the library to build its reserves, which will support our library through the next recession. (Historically the U.S. experiences a recession every decade. Some of them are market corrections, which are not so severe.) The Montrose Regional Library District is an important resource for Montrose County and all its citizens. The mill levy increase will reestablish pre-recession services.

Thank you.

Carol McDermott, Montrose



NEW DDA DIRECTOR SONIA DUMAS BRINGS CLEAR DIRECTION, APPROACHABLE LEADERSHIP

By Caitlin Switzer

MONTROSE-With a clear direction, you can achieve your goals and arrive at your destination.

That's the mindset that Sonia Dumas brings to her new job leading the Montrose Downtown Development Authority (DDA). With a background in branding, marketing and major hotel development, term Dumas has worked with big project teams and billion-dollar budgets in coastal cities like Miami and Los Angeles. Comfortable in her new role here, she is now helping the DDA board to identify both short and long- priorities.

"Some of our long-term goals are to work with the City, with Region 10, and with the Montrose Office of Business & Tourism," she said, adding that the DDA also hopes to leverage transportation grant funding to help widen sidewalks, improve landscaping and add additional outdoor seating and pocket parks. Enhancing the creative culture and sup-

porting the arts will be priorities as well; "We will be looking for muralists."

"We really want to make this a more walkable community," Dumas said. "This is for the long haul, to bring people outside. It's about the vision, and about the community wanting it."

Tapping into the "sharing economy" can also bring benefits such as private taxi services, she noted. "What can we tap into, or just encourage here, to let the economy spur itself?"

Montrose has great appeal, but because it is also rural and remote, that appeal can be overlooked, she said. "I really appreciate the agricultural side of things here, after living in big cities," she said. "When you think of any great American City, it is because somebody has seen its potential.

"I am really excited about transformations," Dumas said, "and I am really excited to see the community, and talk to people in the community. It all comes down to relationships, and I am going to



Montrose DDA Director Sonia Dumas.

be on Main Street every day. I am conversational, and approachable, and I will definitely be reaching out."

For her own part, Dumas finds it easy to appreciate the appeal of Montrose, Colorado.

"I am having fun here," she said. "The outdoors is so majestic, it keeps me grounded in what's real...the classic, All American town."



REGIONAL NEWS BRIEFS

SEPT. 30 IS NATIONAL PUBLIC LANDS DAY: LEND A HAND!



Alex Ballew, a volunteer with the Forest Service helps put on a new roof at the Neosho Cabin, a heritage site near Red Mountain Pass. Courtesy photo.

Special to the Mirror

REGIONAL-Saturday Sept. 30 is National Public Lands Day (NPLD), the annual celebration of your public lands. Every year in late September the National Environmental Education Foundation (NEEF) helps coordinate thousands of volunteer events for the largest single-day public lands improvement effort in the nation, while also connecting people with local public lands inspiring stewardship and highlighting their educational and recreational benefits. These events help provide tens of millions of dollars' worth of public land improvements that would normally take years for management agencies' limited staffs. The 2016 NPLD saw over 200,000 volunteers at 2,600 sites nationwide complete \$18 million worth of public land improvements.

The Grand Mesa, Uncompahgre, and Gunnison National Forests will partner with or play host to several NPLD events for 2017: On Tuesday Sept. 26th, the Ouray Ranger District in conjunction with the Public Lands Partnership and Montrose Botanical Gardens will be hosting Third and Fourth Graders from Northside Elementary School at the first annual Dave Wood NPLD on the Uncompahgre National Forest. This event will feature stations to education students on variety of topics such as forestry, wildlife, and Leave No Trace ethics. The students will also participate in a nature hike and service project.

On Thursday, Sept. 28th, join the Telluride

Mountain Club, San Miquel Bike Alliance and the Sheep Mountain Alliance for an afternoon of hiking, biking and advocating for the places you love! For more information, go to http://

www.telluridemountainclub.org/

On Saturday September 30th, the Grand Mesa Nordic Council (GMNC) in collaboration with REI will host a day of volunteer trail work on the Grand Mesa National Forest. Volunteers will assist with installing new signs and clearing branches, rocks, debris for the upcoming winter sea-

son.

Those who wish to volunteer are encourage to visit the GMNC website (http://gmnc.org/save-date-saturday-930-3) for more information.

To encourage people to participate and visit their public lands, NPLD is a fee-free day for all federal public lands and many state parks. For more information how you can get involved with NLPD or to find an event near you please visit NEEF's website (https://www.neefusa.org/public-lands-day)



Invitation to join us

OPEN HOUSE

Backstreet Bagels & Gallery

Friday, Sept 29 5-7 PM



LYNN VOGEL

handwoven & embossed copper



DEBBIE WATKINS

quilted fibers



CHERI ISGREEN

watercolor & mixed media

Introducing the BACKSTREET GALS







CITY DECLINES TO APPRAISE LAND GIFT, BUDGET MEETING SET From page 1

Parks and Special Projects Division Worker Jonathan Schneider and Human Resources Generalist Jaime Holmes.

Discussion items:

Colorado Mesa University (CMU) Report to City Council – President Tim Foster and Montrose Campus Director Gary Ratcliff.

Foster said, "Colorado is one of the most educated states in the union. A decade ago Colorado paid two-thirds of our education and you and I paid one-third. In the span of 10 years it has flipped." In an effort to encourage college attendance CMU has invested a quarter million dollars to put campus counselors in four high schools in School District 51 (Grand Junction). Currently there are no counselors at Montrose High School. According to Ratcliff attendance on the CMU Montrose campus has dropped from a high of 340 to 210 today, "Some of our loss of enrollments is students over age 25."

Alpine Archaeology Report for the Kallstrom Farmstead Site — City Attorney Stephen Alcorn.

Alcorn gave a brief history of the Kallstrom (Jacal Wall) Farmstead site, which is located in Cerise Park. A letter from the State Archeologist recognized the historical importance; however, there are no requirements from the State in dealing with the site.

Alpine Archaeology has evaluated the site and recommended photo documentation and public interpretative signage at a cost of \$9,968.

Hillcrest Extension Informational Discussion – City Engineer Scott Murphy.

Conclusion and Recommendations in a memo from the city engineer to city council:

Some shortcutting of motorists through Vista San Juan is inevitable, especially considering that the subdivision was designed without a minor arterial (collector) roadway to service the area and the neighborhood's placement in line with the Hillcrest roadway alignment. As public City streets, use of the shortcut route by motorists is allowed; however, the preference is to limit this shortcutting to the extent practicable and keep motorists on higher-

capacity roadways.

The best long-term solution to the shortcutting issues is construction of the Woodgate realignment. Doing so is likely to provide the easiest route to Woodgate Road from East Oak Grove and eliminate motorist's temptation to shortcut through the neighborhoods. To that end, it is recommended that the City actively pursue purchase of the Woodgate realignment right of way at this time. Following completion of the Hillcrest extension, it is recommended that a follow-up traffic study be performed in order to quantify any changes to traffic patterns. These data, combined with possible development triggers adjacent to the Woodgate realignment, could assist in capital prioritization decisions and help to make the case for construction of the Woodgate realignment in future years.

Work session informal discussion:

John Broadbooks said, "We circulated petitions and have 283 signatures. Ninety per cent of the people we contacted signed the petition. We're not opposed to the Hillcrest extension, but opposed to it as a standalone project." Broadbooks would like to see Hillcrest extension deferred until 2018 when it can be combined with the Woodgate extension. "The best use of tax dollars is to defer it and use the \$2.1 M on [currently needed] street maintenance."

Ron Crouse has lived in Vista San Juan for 22 years and said, "The neighborhood is priced competitively and changing. Rather than retirees there are now more rentals and more families with young children."

Describing his neighborhood John Reiher said, "People have to stand in the street to get their mail. It's not safe at all. I appeal to you guys to see what's going to happen [first] to Woodgate."

Tom Haggard said, "If this is a done deal we will need to adapt. I hope the city will help us with that. We're all going to be getting headlights [in windows] and noise. There will be very, very high traffic.

Steve Kreis, "We all want to get around Townsend." The city has suggested a

study after the Hillcrest extension is completed study and Kreis said, "We know where they [drivers] are going to go; we know this is going to become a major artery."

Councilman Roy Anderson inquired about the design work for the Woodgate extension. Murphy said, "It would take six months or so. The hard part is the land [acquisition]. In an easy world that would take two months."

Later in the meeting, during council discussion, Anderson returned to the Hillcrest issue and said, "How do we respond to constituent's concerns? I think we are going to go ahead with Hillcrest, but it's important to listen to the people and respond. I believe there is a time when eminent domain is a responsible thing. No one person should hold the city hostage. We need to do what is best for the city." **Property Disposal Ordinance** - City Engineer Scott Murphy.

The subject property, 1,811.71 square feet (0.04 acres), is in the Urban Renewal Authority (URA) and located near the Justice Center. The property adjoins the site for the Marriott Hotel. Murphy said, "Back in the day people got lazy with descriptions. We have zero need for it. We will transfer ownership to Dragoo and it will become part of the larger URA."

There has been no formal appraisal on this city owned property. Using the surrounding property value of \$150 per square foot the staff set the value of the property to be transferred at \$2,700.

The ordinance gives the Mayor and city staff authority to execute all documents required to legally convey the property to Dragoo, Colorado Outdoors developer.

Rotary Amphitheater Award Recommendation – Planner I Ty Johnson.

The city recommends awarding a contract to Del-Mont Consultants for \$52,895 for architectural design, site selection, sound engineering and construction costs of the proposed Rotary Amphitheater at Cerise Park. The item will be on the Oct. 3rd city council agenda.

Mayor Judy Ann Files noted that not all the information needed had been put in

CITY DECLINES TO APPRAISE LAND GIFT, BUDGET MEETING SET From previous page

the council packets.

When asked about cost Johnson said, "I don't know how much it is going to cost. The RFP (Request for Proposal) gives a rough estimate of \$300,000 - \$500,000." Rotary has committed to \$150,000 toward the project and the consultants will identify potential grant funding opportunities.

General Council Discussion

Referring to the incentive package recently given to High Mesa Spirits (distillery) Anderson said, "We need guidelines that apply to anyone who is improving downtown, and other areas, so we don't get accused of playing favorites. We need to develop a policy." City Manager Bill Bell reminded the council that he and staff were working on an incentive package and how to create policy, which will be presented to council for consideration the second week in October.

Staff Comments

Finance Director Shani Wittenberg reminded council of the budget session to be held at the Pavilion on Monday, Sept. 25th, 8:30 – 4:30 p.m. Bynum, who will still be out of town, has made arrangements to talk to staff when she returns.

REAL HELP FOR HOMELESS PEOPLE...From page 1

the Montrose County Jail, "the bulk of people in jail are not chronic homeless," volunteer Chris Hauck said. There is no such thing as a typical homeless person in this community, he notes, but a blend of people who have found themselves homeless whether because of a tough situation, because of behavioral health challenges such as mental illness or drug and alcohol addictions, or because they are among the small percentage of the population that is chronically homeless (see article in this issue on vagrancy).

An early cold snap can be especially devastating to anyone who does not have a roof overhead, with the few available local shelters scheduled to open later in the year. The only other Montrose County Homeless Shelter is Haven House, a non-profit that provides transitional housing for homeless families with children in a faith-based environment.

A regional mainstay, Delta's Abraham Connection provides emergency, overnight winter housing not only to homeless families, but to women and men in Delta County, and will be open from Nov. 1 through April 30. They serve a nightly meal to anyone in need. Abraham Connection is located at 480 Silver Street in Delta and can be reached at 970-773-8290. Among the conditions of stay is a prohibition on panhandling within the City limits

of Delta, and Montrose guests are no longer accepted due to local need.

Last December, Montrose Lighthouse Ministries made use of corn farmer John Harold's agricultural worker facility after homeless people from Montrose were turned away from the Abraham Connection. This year, Montrose overnight guests will have the dorm to themselves, as farm workers will be housed elsewhere. Harold's generosity has been essential to the success of the shelter, as he has asked only for reimbursement of utility costs and has loaned one of his vans for nightly shelter transport from the MADA facility to the Olathe dorm, Hauck notes.

Shepherd's Hand provides supper for Lighthouse guests, and is reimbursed by Lighthouse Ministries for nominal meal costs. The organization also brings breakfast and lunch to the MADA facility on weekdays.

A major cause of the rise in homelessness is basic; "To rent a one-bedroom apartment anywhere in Colorado you need to make \$22 an hour." Hauck said. In some cases, those who are here receive help with transportation to go elsewhere. "There is an acute shortage of workers in Houston," he said. "They are short of builders, and there are 30,000 homes that need to be rebuilt."

Not all people are capable of holding

down a job, however. "Many of the people we help have no driver's license," Hauck said. "Many owe child support that they can't pay." And for those who struggle with bi-polar illness or a lack of life skills after being raised in foster care, the challenges are overwhelming.

"The state forces our jail here to be a mental health facility," Jail Ministries volunteer Jim Renfrow said.

"There is no treatment there. Staff are not trained for that, and they aren't paid enough."

When winter comes, Lighthouse Ministries will once again open the dormitory. For now, they are handing out body bags. "You have to have cardboard or a piece of carpet pad inside the bag for insulation," Renfrow said. "And there is not one place in the county where you can lay on the ground and sleep, legally."

"It's hard to say that we don't have a homelessness problem here," Hauck said. Statistics collected last year of those served show that of 71 individuals served, 59 were men, 12 were women, and 10 were veterans.

Lighthouse Ministries and Shepherd's Hand both need more volunteers, as well as funding.

Dorm supervisors are especially needed, on a paid volunteer basis. To learn more visit http://www.montrose-lighthouse.org

CREATE A SCARECROW FOR THE

Scarectow Festival
Scarectow Festival
Library Storywalk and Bookmobile

Montrose Botanic Gardens

Saturday, October 21st 10:00am - 4:00pm Bookmobile - Saturday 10:00am - 1:00pm

Sunday, October 22nd 12:00pm - 4:00pm

Silent auction of donated scarecrows to benefit the Botanic Gardens

No entry fee will be charged Donations welcome

Scarecrows may be traditional or non-traditional and family friendly Needs to be self standing

Scarecrow entries must be set up in Botanic Gardens on October 21 at 8:00am



Contact: Alicia 970-497-6368 or Pat 970-240-3815



ALPINE BANK, COLORADO WEST INVESTMENTS, TEI ROCK DRILLS,
BASIN ELECTRIC, DMEA, PARK AVENUE TRUE VALUE,
MONTROSE WOMEN'S CLUB, MISTY MOUNTAIN, ALTRUSA INTERNATIONAL



CITY RECOGNIZES WINNERS OF 'I LOVE MONTROSE' CONTEST



By proclamation the City of Montrose declared Sept. 17-23, as Constitution Week. Accepting the proclamation are representatives of the Daughters of the American Revolution (DAR) Uncompanyable Valley Chapter. (L to R) Chapter Historian Cherie Collins, Chapter Regent Evelyn Kiser and Mayor Judy Ann Files. Photo by Gail Marvel.

By Gail Marvel

MONTROSE-On behalf of the City of Montrose, Mayor Judy Ann Files declared Sept. 17-23 as Constitution Week. Representatives of the Daughters of the American Revolution (DAR) Uncompahgre Valley Chapter, Historian Cherie Collins and Regent Evelyn Kiser, accepted the proclamation.

The mayor recognized Jeremy Cheezum as winner of the "I Love Montrose" city sponsored contest. Cheezum, pastor of Trinity Reformed Presbyterian Church, wrote, "I love Montrose because of the people. Montrose is full of people from different backgrounds, different cultures, different states, different countries, different beliefs, and different stories." Both Cheezum and second place winner Jessamy Pressler received Montrose Bucks.

Call for Public Comment:

Sean and Babette Tafoya, who live in Vista San Juan subdivision, spoke to council about the proposed Hillcrest extension. Sean said, "The extension will have a major impact in our subdivision. A lot of people cut through there now. We do support the Woodgate extension. It would be nice if it could all be done together." Noting that there is an issue of safety in the neighborhood, "We have children and we worry about them riding their bikes."

At one time, the affected subdivisions were more of a retirement neighborhood; however, Babette said, "It is a big concern to households in the neighborhood and families with small children are moving

in."

Ordinance 2431 (second reading) – City Clerk Lisa DelPiccolo.

Revising Chapter 1-17 of the Official Code of the City of Montrose, Colorado (Election Code modifications). This election code modification makes two changes: one changes the deadline for write-in candidate applications from 47 days to 50 days prior to election day, the other allows the option to use stubless ballots. Approved unanimously.

Ordinance 2432 (second reading) – Finance Director Shani Wittenberg, Assistant City Attorney Andrew Boyko.

This ordinance repeals and replaces Chapter 5, Title 15 of the Official Code of the City of Montrose regarding sales and use tax. The changes formulate a standard sales tax definition for municipalities in the state.

Boyko said, "No new taxes and no increase in taxes." This was a second reading and rather than giving a full public presentation, as was done in previous meetings, Boyko said, "If council has additional questions, we'll be happy to answer them." Approved unanimously.

Ordinance 2433 (second reading) – Planner I Ty Johnson. This ordinance is for zoning changes from P Public District to B-3 General Commercial District. The one-acre parcel is in the Urban Renewal Authority (URA) and slated to be transferred to a private party (Colorado Outdoors). This was a second reading and rather than giving a full public presentation, as was

done in previous meetings, Johnson said, "I'd be happy to answer any questions." Approved unanimously.

Ordinance 2434 (second reading) – Planner I Ty Johnson.

This ordinance is for zoning changes from P Public District to B-3 General Commercial District. The 3.2-acre parcel, located at North 9th and Grand, is in the Urban Renewal Authority (URA) and slated to be transferred to a private party (Colorado Outdoors). This was a second reading and rather than giving a full public presentation, as was done in previous meetings, Johnson offered to answer council's questions. When asked by the mayor if there was anything new Johnson said "No." Approved unanimously.

Staff Reports:

Sales, Use, and Excise Tax Report – Finance Director Shani Wittenberg.

Total Collected Sales & Use Tax (YTD) - \$9,168,875

Total Collected Montrose Recreation Center (.03% YTD) - \$916,608

Total Collected Hotel and Restaurant Tax (YTD) – \$295,539

Total Collected Retail Enhancement Program (YTD) - \$183,331

Public Information Report – City Manager Rill Rell

Bell announced the Citizen's Police Academy will begin in January, "The program is always well received."

The budget process is in the final stages and staff will present a balanced budget to council at the Pavilion on Monday, Sept. 25, 2017, 8:30 a.m. – 4:30 p.m. "We are committed to being frugal and very fiscally conservative. The Budget Advisory Committee [community members] has not had a lot of volunteers, but we keep asking for them." Bell encouraged taking advantage of the local Fall Colors Tours and enjoying the golf course, "The golf course is in great shape. It's in wonderful condition."

City Council Comments:

Councilman Roy Anderson expressed gratitude to Montrose County and their staff for the recent Tribute to Aviation, "It was a great community builder."
Councilman Dave Bowman promoted the golf course and musician AJ Fullerton, who performed at the Town Hall Tavern Friday night.





Montrose County is accepting applications from citizens interested in serving on the

Montrose County Historic Landmark Advisory Board. For an application please contact Kathy Kacso at 317 S 2nd or by email at kkacso@montrosecounty.net. Applications are also on the County web site at www.montrosecounty.net. Please return your completed application to County Administration at 317 S. 2nd, Montrose, CO 81401.

Montrose County Historic Landmark Advisory Board

This Board was created to encourage protection and preservation of the architectural heritage of the County, document designation of a diverse array of eligible sites and provide authentic historical education and public awareness. The Board meets on an "as needed" basis, alternating locations between Montrose and Nucla to consider applications to Montrose County's list of Historic Landmarks. There are currently (2) openings on the Advisory Board.

You can make a difference in Montrose County! 🦲



MONTROSE BOCC FAILS TO VOTE ON LAURSEN SETTLEMENT; CONTINUES HEARING ON ZONING AMENDMENT

By Caitlin Switzer

MONTROSE-County resident Deborah Howell of Nucla spoke to the Montrose Board of County Commissioners (BOCC) at the <u>regular meeting on Sept. 20</u>. Howell asked the County to consider plowing 1.9 mile further on Hwy 90 than it presently does, to reach the mailboxes. "Please at least plow to that...town is 25 miles away and that is where we get our mail."

Still, Howell said it would be preferable if the County could go the extra mile and plow 2.9 miles to the Wagon Wheel Cattle Guard. "We just heard that the County is plowing six miles of 25 Mesa Road for snowmobilers, and we are an established residence...I don't understand why the County would plow for snowmobilers but not an established residence.

"...We rescue people all the time," Howell added. "We have had people spend the night at our house if my husband is gone, because I only have limited abilities to get people unstuck."

Also speaking to the BOCC was County resident Lynn Carretta, who asked commissioners to consider the ongoing issue of trash and junk along the outskirts of the county, and find solutions to help clean things up. "We have such a beautiful community, surrounded by such filth and neglect." Solutions could include a county sponsored tire roundup, Carretta said, and suggested that County residents would benefit from a noise ordinance as well. "For the last two years I have been subjected to disruptive barking dogs 24 hours a day," she said. "I have been informed that there is nothing in place to protect homeowners outside the City limits."

In the absence of Commissioner Glen Davis, BOCC Chair Keith Caddy and Commissioner Roger Rash unanimously approved consent agenda items.

The BOCC failed to act on General Business Item No. 1, a proposed resolution authorizing the expenditure of funds and authorizing staff to implement a General Release settling all claims against the County by David Laursen, former assistant county manager. "I can't get behind this," Rash said. "I won't vote in favor. You won't get two votes."

"With no motion and no second, I guess we will have to move on," Caddy said.

Commissioners voted unanimously to approve General Business Item No. 2 and Resolution 40-2017, declaring as surplus property the hangar located at 1360 Airport Road, with disposal by sale through a formal bidding process.

After extensive discussion in a public hearing, the BOCC voted to continue "time -date certain" Planning & Development Item 1, listed as a "public hearing and possible action on a proposed Amendment to the Montrose County Zoning Resolution, Section 3 - Definitions, for miniwarehouse, Section 4.E.2 – Use-by-right; to add additional uses; Section 4.E.ff -Outside storage or display of nonhazardous materials and equipment, to add additional language; Section 4.E.3 -Special Uses, to add additional uses; Section 4.E.5.i – Buffering in the General Business, to create additional language; and Section 4.F.5.i – Buffering in the General Business."

The purpose of the proposed amendment is to "address a number of issues in the General Business District which will allow better use of the property. The General Commercial District is also being amended to address buffering adjacent to residences"

"We wanted buffer distance," County Planning & Development Director Steve White said. "We're doing that now, but the code didn't allow as much room for people who live in a zone that is commercial."

The Public Hearing was continued to the regular BOCC meeting of Oct. 4, at which time public comment will be taken.

Local scouts who attended the BOCC meeting were invited to ask any questions they had. Ethan Reiher stepped forward to ask, "Are you in charge of the new Columbine School?" BOCC Chair Caddy responded, "No, the school district is building the school; we have nothing to do with it."

Commissioner Rash took time to talk about things the County does oversee. "We look at the local hospital; we are concerned with our Airport; we have roads and bridges and we are in charge of the



In the absence of Commissioner Glen Davis, BOCC Chair Keith Caddy and Commissioner Roger Rash (above) did not vote on a settlement for former Asst. County Mgr. Dave Laursen on Sept. 20. Mirror file photo.

maintenance of roads; the County Health Department keeps our citizens safe from diseases; we are responsible for all of our employees, we have a little less than 400.

"Does anyone know how big or small the County is?" he asked, and pointed out that Montrose County is a big County at 2,200 square miles.

Caddy noted that the County also includes the Sheriff's Office, the treasurer, the County Fair, and other vital functions. "We tax properties and levy assessments to keep our government running."

Asked Scout Dakota Outzs, "Were you guys in charge when that blackout happened down by Ivy Drive?"

"Probably Not," Caddy said. "That would be DMEA, Delta Montrose Electric, they take care of our power lines.

"Also, how many airplanes were at the air show?" Outzs asked.

"Between 50 and 60 I think," Rash said Caddy introduced the County's Attorney and Media Relations Manager Katie Yergensen to the Scouts, and answered another question prior to adjourning the meeting.

"Have you guys learned anything about your government this evening? Is this going to be enough to get your badge?" he asked the troop, before commenting, "I think you've got just a little more to learn."

REGIONAL NEWS BRIEFS

SOM FOOTWEAR OFFERS TOURS OCT. 6, MANUFACTURING DAY

Special to the Mirror

MONTROSE-SOM Sense of Motion Footwear will celebrate Manufacturing Day on Friday, Oct. 6th. SOM Footwear will offer two in-depth tours of its Montrose Factory, following the process of shoemaking from concept to finished product. Visitors will have the opportunity to watch the processes in action throughout. The tour will end with a brief discussion of the challenges and successes of Manufacturing in the USA.

The public is invited to join for these special, in-depth tours at either 8:30 am or 11 am on Friday Oct. 6th. The tour is at the SOM Footwear Factory 1006 N. Cascade Avenue in Montrose, CO, and will last approximately 1.5 hours. Space is limited so reserve your spot before Oct. 4th by sending an email to som-team@som-footwear.com Manufacturing DaysM (http://www.mfgday.com) is a celebration of modern manufacturing meant to inspire the next generation of manufacturers. Please contact Rachel at som-footwear.com with any questions

APPEAL FOR CONTRIBUTIONS TO STOP THE HILLCREST EXTENSION

The Vista San Juan Neighborhood is soliciting for contributions for a legal fund to stop the construction of the City's proposed Hillcrest Extension. Our fight is to preserve our residential neighborhood from becoming a traffic thoroughfare as a result of the Hillcrest Extension.

For more information contact: Jerry Miller or Sharon Brown at VineyardsHOA2@gmail.com

Please send your contribution check to:
Vista San Juan Neighborhood Fund
P.O. Box 759
Montrose, CO 81402

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MONTROSE STRUGGLES WITH RISE IN CRIME, CRIMINAL TRANSIENTS

2015 ACLU GI DECISION HAS FORCED LOCAL GOVERNMENTS TO ACCEPT PANHANDLING, VAGRANCY

By Caitlin Switzer

MONTROSE-Increasingly, communities across Colorado are struggling with rising crime rates and an influx of newcomers who have not come for jobs or better schools, but because they appear to have no place else to go. Many of these new residents are impacted by homelessness, addictions or behavioral health issues.

Though remote, the Western Slope has not escaped the trend. On Sept. 13, the Delta County Independent reported that even rural Delta County has seen a 55 percent rise in felony criminal filings, a hike that reflects a statewide trend. Many place the blame for the trend on <u>a 2015</u> ACLU ruling that claims that criminal behaviors are necessary for homeless people to survive. In January of this year, Seventh Judicial District DA Dan Hotsenpiller had noted an 11 percent hike in the rate of felonies here in Montrose County. Earlier this year, Tim Walsworth of Durango's **Business Improvement District told FOX** NEWS said he is frustrated, and has to "walk a tightrope between the civil liberties of the homeless population and the reputation and attractiveness of the downtown area, which for years has been a hot tourist destination."

Montrose may not be a hot tourist destination, and the community has not legalized recreational marijuana as other communities have. Still, the City of Montrose is seeing an alarming increase in an aggressive vagrant population that has Downtown residents and business owners concerned.

On Sept. 18, a woman named Kelly Woodrome was arrested at the McDonald's on East Main Street for "Obscene Language or Gesture, Harassment, Communication To Incite A Violent Response, and Public Indecency, 000 Block N Uncompangre Ave."

"We ended up with four victims," Montrose Police Commander Gene Lillard said. "She appeared to be on alcohol and drugs; she actually dropped her drawers in the 000 block of North Uncompanyer in front of everybody and urinated." She also made racist remarks and spit on windows and people throughout the Downtown area.

Woodrome, who is not young, was ultimately arrested and "hauled off to the County Jail," Lillard said. "She was really on the fight," he said. "She was making people very upset."

Woodrum, who appears to have been arrested in other communities nationwide before showing up in Montrose, represents a shift, Lillard said. "This is a good place to live and to work; we as police officers love our city and the work we do. But we do run into some different folks these days.

"We have had a couple of instances of soliciting prostitution," he said.

Alcohol abuse also remains a very serious issue here, he noted. And while affordable housing is at a premium statewide, the crumbling trailer parks owned by the Great Homes Company of Grand Junction have become hotbeds of crime due to the number of empty units. "We are really trying to clean up 133, 221, and 441 South San Juan Avenue, and 1601 East Locust," Lillard said. "We do have an active Crime Free Housing program headed by Officer Courtney Jones, who really knows CPTED (Crime Prevention through Environmental Design).

"We're getting rid of graffiti, and broken windows. They may seem minor and small, but we don't want to the City of Montrose to look like a big city ghetto." Homeless encampments have taken shape at various times at Cerise Park, River Bottom, and La Raza parks, Lillard said. "As it gets cold it does concern us," Lillard said. "We ask them to move on, and consider warmer weather."

Montrose Mayor Judy Ann Files does not live Downtown, but expressed concern over the rise of crime even in her upscale Brown Ranch neighborhood. "My husband and I are concerned about the burglaries," Files said, "And I don't want people asking me for money." Reports of human waste along the banks of Cedar Creek at East Main Street are not isolated incidents either. "I hear from the tenants of the Four



Empty, condemned units like that above make the San Juan Trailer Parks dangerous for residents and police.

Seasons Mall that every morning, they see feces if they go back behind the building," she said.

Many of Colorado's current problems are a direct result of alcohol abuse and a need for mental health services, Files said.

"I think a lot of it is because of mental health issues," she said. "Alcohol should be considered a mental health issue; we are really excited about mental health services being offered in PIC Place—but we are not getting through to the ones who are living on the streets."

Local schools are doing their part to fight back against rampant drug and alcohol abuse by building awareness. In the Olathe Middle and High schools, students complete a full unit on Substance Abuse, which includes alcohol. Alcohol abuse is tied into their Social Health Unit as well, Montrose County School District's Curriculum Director Deann Balash said. At Columbine Middle School in Montrose, students learn to make "health-enhancing" decisions regarding the use of alcohol, tobacco, and other drugs. The school highlights The Truth about Drugs curriculum as well as the Natural High Foundation.

Columbine students learn about the development of teen brains and the impacts of alcohol, and each year the School's Resource Officer speaks to health classes about alcohol and drug use and how these can affect one's health and legal status.

The District has pursued grant funding through the University of Colorado at

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MONTROSE STRUGGLES WITH RISE IN CRIME, CRIMINAL TRANSIENTS From previous pg

Boulder's Center for the Study and Prevention of Violence (CFSPV) as well, to help fight bullying and drug abuse the middle school level. The grant helps schools implement the LifeSkills Training (LST) Program, a middle school substance abuse and violence prevention program consistently proven to reduce alcohol, tobacco, and drug use. Positive outcomes have also been shown for violence, risky driving behavior, and other high-risk behavior.

Finally, an article that appeared in

Bloomberg on Sept.21 offers food for thought when it comes to the prevention of violent crime and substance abuse, and supports the "broken windows" theory espoused by MPD Commander Lillard. The article points out that four simple strategies--lead abatement, drug decriminalization, prison education and engaged community policing--could make the United States a much safer place to live.

"One very simple thing cops can do is to get out of their patrol cars and walk around," the article notes. "High-quality

evidence shows that foot patrols cut violent crime. Simply having police around deters criminals, but it also allows communities to have repeated positive interactions with the police, building relationships that cut crime in a number of ways.

"These four approaches -- lead abatement, drug decriminalization, prison education and community policing -- could go a long way toward making the U.S. a safe country like Canada or Australia. And they could do it without touching the Second Amendment."

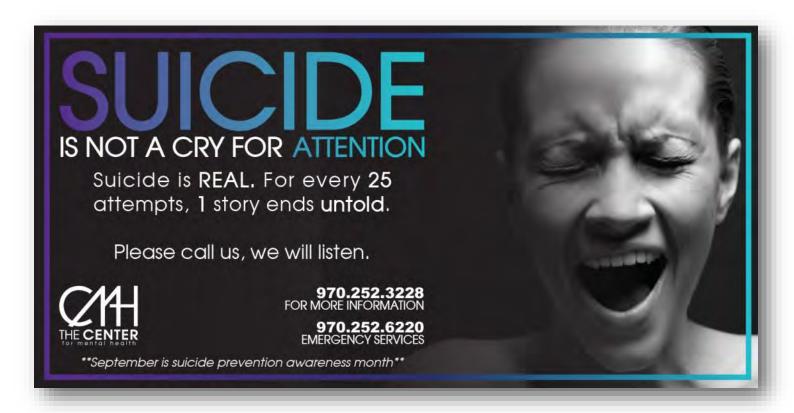
REGIONAL NEWS BRIEFS

2017 NATIONAL VOTER REGISTRATION DAY IS SEPT. 26

Special to the Mirror

REGIONAL-The League of Women Voters of Montrose County will join more than 2,500 partners nationwide in hosting a voter registration event as part of a massive 50-state effort to register thousands of voters. The local drive is a push to register voters in time for the local elections on Nov. 7. League volunteers will be on hand to assist with online voter registration. A valid CO driver's license or a valid CO ID card is needed to register.

Local venues are the lobbies of the Montrose Library and CMU between the hours of 10am and 4pm, Delta-Montrose Technical College of the Rockies between 10 am and 2:30 pm, the Bill Heddles Recreation Center in Delta between 8am and 11 am, and the Cimarron Book Store in Ridgway between 9am and Noon.



OURAY HOT SPRINGS CLOSED ON MONDAYS DUE TO LACK OF STAFF

By Carole Ann McKelvey Ouray Bureau Reporter

OURAY-Ouray Hot Springs has new operating hours and some residents are not happy. Monday, Sept. 18, Ouray City Council heard from resident Brian Hein who complained that closing the hot springs pool on Mondays "was a bad judgment call." He noted that hotels in the town are packed solid on Mondays and people expected the hot springs pool to be open. Temporary City Administrator Justin Perry explained that staffing levels at the pool had necessitated closing the pool one day a week. Pool staff determined Mondays would be the best day to alleviate staffing problems, and the closure on Mondays was temporary until additional lifeguards can be hired. Perry said there are only seven lifeguards now and the pool requires 13 to meet safety levels. Rick Noll, City Resources Director, added that hiring will be occurring soon

and that will bring the pool up to water safety standards. He said safety teams are already working extended hours.

Mayor Pam Larson said "there has got to be a way this does not happen again." The council noted they did not approve of the pool closing on Mondays. Councilor Dee Hilton added that "Monday is a bad day" for closings.

Other citizen concerns brought up at the meeting included what the current codes are for licensed or unlicensed daycare businesses in Ouray. "There is much misinformation out there regarding this issue," said Hank Epstein, community development director, noting city ordinances are different from those of the state. He said he understood this was an important issue so parents could have resources.



Ouray Hot Springs. Courtesy photo.

The city council will be having a working session in the future regarding city codes and bringing them up to date, Perry said. The council indicated they wish to be business-friendly in Ouray.

As for the status of trash cans on Ouray's main street, business owners said the current situation isn't sufficient. Perry explained that there have been widespread bear problems on Main Street, and that most local towns have had problems this year. The bears will soon go into hibernation," Perry said. "We will be working on the budget for next year," regarding trash can issues. The council indicated it will be important to buy what are called professional bear-proof trash cans; it will be an item in budget hearings for next year.

In other business, improvements on Hwy 550 regarding the installation of "rumble strips" have been stalled as no bids came in on the CDOT project.

During Monday's meeting the council recognized Kat Papenbrock of the Tourism Office and appointed Ann Morgenthaler to the city planning commission.

The Ouray City Council meets every other week in the Community Center, 320 6th Avenue; with the next meeting set for Monday, Oct. 2.



Free Informational Seminar



Join Us For a Free Informational Seminar Tuesday, September 12th, 5-7 PM or Tuesday, October 10th, 5-7 PM Montrose Memorial Hospital's Nutrition and Diabetes Services Building 421 S Nevada Ave

Receive a discount on your consult fee if you attend a seminar

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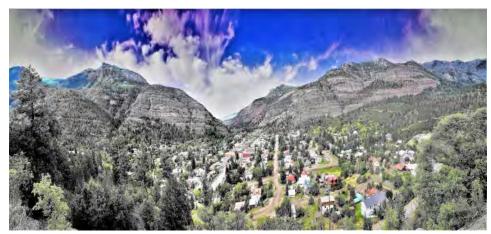






LOCATIONS FROM DENVER TO DURANGO

OURAY COUNCIL TACKLES HOUSING ISSUE: HOUSING COMMITTEE NOMINEES SOUGHT



The affordable housing crunch is now a crisis in Ouray. Photo by Michael Lawton.

By Carole Ann McKelvey Ouray Bureau Reporter

OURAY-Ouray's city council Monday set criteria, times and dates for a special committee to look into short and long-term housing needs in the small mountain city. A lack of affordable housing and rentals is impacting workers in Ouray, as it is in Ridgway and Telluride. The city council reviewed citizen calls for guidelines on housing rental codes and made the decision to name a volunteer housing committee that would begin reviewing the situation as early as November.

Those interested in working as volunteers on the committee are invited to visit the city's web page or city offices and fill out an application. Councilors are hoping to appoint five to nine committee members with diverse backgrounds; they will see how many apply. At first city councilors said they wanted only Ouray residents, but several in the audience noted that others who wished to live in the city and now live in the county should have a voice on the committee.

The committee will not have a council member or staffer and will be charged with looking at a lot of options. A council liaison member may be named in the future, Councilor Bette Maurer indicated she was interested in doing the oversight. The housing committee will be charged with looking at the local area and will answer to the city council. Other criteria include looking at safety issues and other conditions, such as the number of occupants at the premises; parking regulations; is the rental a portion of the house or the entire house; how will inspections be ac-

complished; will water fees be affected; will some properties be "grandfathered"; and what are the definitions of short and long-term rentals?

City councilors determined applications for the committee will be due on Oct. 10, with appointment by city councilors at the city council meeting on Monday, Oct. 16. The committee would be expected to begin meeting, in city hall, in early November. Those wishing to be considered for the committee should fill out an application and will be required to put down something about their background, such as are they renters or homeowners, so the committee will be diverse.

Citizens speaking Monday noted they needed guidance on how to proceed when they wish to do short and/or long-term rentals of their homes. Resident Dolgio Nergui told council members she and her husband had purchased a home in Ouray but the only way they could continue to afford the property was by renting out part of their residence. She said there are others in the same circumstances and that she wanted council members to understand the urgency of the situation. Nergui said their renter was "long-term" and if they did not have the rental income keeping their home would not be possible. She said she felt this was the situation many people living and working in Ouray face. She also urged council members to take into account that this is a path to home ownership for some Ouray residents. She urged them to consider doing some housing education for residents to help with a path toward ownership.

City Councilwoman Dawn Glanc told fel-

low council members that she rents longterm and is not a homeowner, and that if she lost her rental she would not be able to afford to live in Ouray and that would mean she could not be able to sit on the city council. She told council members "this is a very serious situation for this town."

Resident Nate Disser said he hoped the goal of the committee would be to help alleviate problems with affordable long-term rentals in the town. Several others spoke to the issue of being careful when regulating what individuals can do with their own homes, warning there could be "ripple effects that can become huge issues." Resident Tamara Goldie said she also felt the committee should be open to county residents. She said, "we need all perspectives."

City Councilwoman Bette Maurer sits on the Ouray County Housing Authority Council; affordable housing is a pressing situation in all of the Ouray County communities. Tuesday, Maurer said, "We really have nothing available regarding affordable housing, we are working on that. The committee will be looking at regulating short-term housing." That is exactly what the council hopes to get from the housing committee being appointed, Mayor Pam Larson noted. Hank Epstein, community development coordinator, said it would be positive if the council could facilitate more affordable housing.

The move to appoint a housing committee comes after Ouray resident Michael Bazin brought up the issue of shortterm housing at the Aug.21 meeting of the council. Bazin read part of a four-page statement to city councilors detailing issues and some suggested solutions to the shortage of long-term housing in Ouray and what Bazin described as an outbreak of short-term rental housing. He said he felt the long and short-term housing needed adequate oversight and regulations. After his proposal Council decided to put the discussion on a future agenda, which occurred Monday. To be considered for the housing committee in Ouray, visit cityofouray.com., go to Quick Links, look under the Community listing and click on Volunteer Opportunities. Or go by the City Hall and pick up a copy. Return to city offices by Oct. 10.

REGIONAL NEWS BRIEFS

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ATTEND FORAGE ESTABLISHMENT, RENOVATION & MANAGEMENT DEMONSTRATION PLOT OPEN HOUSE OCT. 6

Special to the Mirror

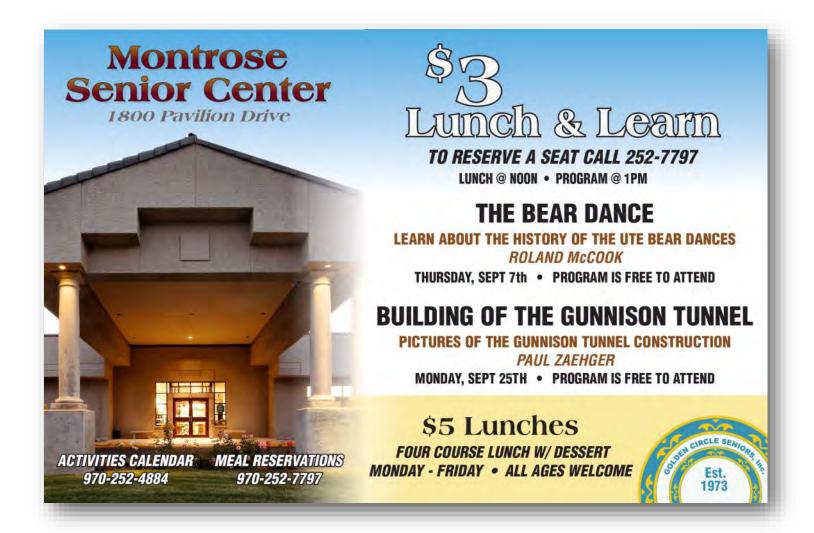
HOTCHKISS- Landowners are invited to the "Forage Establishment, Renovation & Management Demonstration Plot Open House", on Friday, Oct. 6th, 2017, 9 AM to 1 PM, at the Delta County Fairgrounds (403 S. 4th Street, Hotchkiss, CO). The event will be located on the southeast corner of the fairgrounds, by the river.

The demonstration plot offers a hands-on view of 17 species of irrigated grasses and another 17 species of dryland grasses suited for the local area climate and soils. These grasses can be used for agricultural and natural resource conservation purposes, such as: growing hay, grazing livestock, weed suppression, erosion control, and enhancement of wildlife habitat.

Be sure to visit our Open House and take a few minutes to tour the grass pasture demonstration plot and ask local experts your specific questions. Booths will be set up at various stations at the demonstration plot. You will be able to take a self-guided walking tour and discuss your property needs with our professionals.

Open House participants will also be able to observe newly seeded wildlife pollinator and livestock grazing mixes; notice difference in fertilizer treatments of irrigated grasses; view the new Bluetooth enabled soil moisture sensors; ask local experts your specific questions and discuss the best options to help you meet your agricultural and natural resources management objectives. The project is a cooperative effort by CSU Extension, USDA Natural Resource Conservation Service, Delta Conservation District, Delta County, and the Colorado Association of Conservation Districts.

The program is free and there's no cost to participate. For more information and to sign up for this workshop call 970-249-3935.



COLORADO NEWS BRIEFS

NOT EVERY COLORADO COUNTY WILL HOLD AN ELECTION IN NOVEMBER

Special to the Mirror

COLORADO-Saturday was the deadline for counties to mail overseas and military ballots for the Nov. 7 election, but every community in six separate counties have canceled their elections and those six county clerks aren't going to send any ballots at all. Election officials in Colorado's other 58 counties must meet Saturday's deadline and then begin mailing the remaining ballots to registered voters starting Monday, Oct. 16. Cheyenne, Dolores, Grand, Hinsdale, Mineral and Washington counties have no contested school board races or city council elections or any local financial measures, the issues

that typically populate the ballot in an "odd year."

And there is no statewide issue on the ballot for the first time since 2009. Statewide measures in the odd year are limited to matters arising under the Taxpayer's Bill of Rights or TABOR, which voters approved in 1992. Those type of proposals include a new tax, a tax rate increase or an extension of an expiring tax. If there were a statewide measure, those six counties with no local issues would still have to hold an election. "Coloradans relish the opportunity to vote when there are choices to make," Secretary of State Wayne Williams said today. "But I learned

firsthand as a county clerk that Coloradans don't want to pay for mailing ballots without any races in them."

Page 22

November elections are known as "coordinated elections" in odd-years, and "general elections" in even-years. The ballot for the 2018 general election will include the statewide constitutional offices – governor, lieutenant governor, attorney general, secretary of state and treasurer -- all seven congressional seats, legislative races, county officers such as clerk, judicial retention questions, and a variety of state and local ballot measures, which are not limited to tax topics.



COLORADO NEWS BRIEFS

COLORADO TARGETED BUT NOT BREACHED

Special to the Mirror

COLORADO-The U.S. Department of Homeland Security last week notified the Colorado Secretary of State's office that its systems were scanned in the weeks before the 2016 election.

This places Colorado on the list of 21 states that DHS previously stated were "impacted" by Russian activity.

A scan is similar to burglars jiggling the doors of a house and moving on when they realize the doors are locked.

"According to Homeland Security, we were not attacked, probed, breached, infiltrated or penetrated," Secretary of State Wayne Williams said. "This was a scan and many computer systems are regularly scanned. It happens hundreds if not thousands of times per day.

"That's why we continue to be vigilant and monitor our systems around the clock."

The Secretary of State's office continues to have a strong relationship with Homeland Security, the FBI, and the Governor's Office of Information Technology.

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REGIONAL NEWS BRIEFS

MONTROSE MEMORIAL HOSPITAL RANKED HIGH PERFORMING HOSPITAL FOR KNEE REPLACEMENT BY U.S. NEWS & WORLD REPORT

Special to the Mirror

MONTROSE-According to U.S. News & World Report, one of the best places to receive a knee replacement surgery is right here in Montrose.

The evaluation included 4,500 hospitals across the United States. The analysis looked at data measures including preventing complications after knee replacement, preventing prolonged hospitalizations, preventing infections after knee replacements, the number of patients and the patient's experience.

"I'm proud of our community's excellent Orthopaedic surgeons and the hardworking Surgical Services & Joint Replacement Therapy staff who have made this high ranking possible," said Steve Hannah, MHA, CEO of Montrose Memorial Hospital. "In addition to the feedback we receive from patients, this recognition is another confirmation that our Friends & Family are receiving the skilled and compassionate care they deserve during their surgical procedures."

The methodology used to measure patient experience is based on publicly reported data found at

www.hospitalcompare.gov. As printed in U.S. News, an overall rating of high performing indicates a hospital was significantly better than the national average in a given procedure or condition. While

evaluating the procedure of knee replacements, 10 to 20 percent of the evaluated hospitals typically fell into the high performing tier and another 10 to 20 percent were rated below average.

Montrose Memorial Hospital performed 193 Joint Replacements in 2016. The Joint Replacement program includes an educational class prior to surgery where patients meet others who will also be receiving similar surgery and therapy. The class

includes information about the patients' procedures and what to expect during their hospital stay.

According to U.S. News, hospitals in the United States will admit an estimated 33 million patients in the next 12 months, with more than 1 million having a knee or hip replaced.

For more information about the Joint Replacement program, please call (970) 252-2974.

About Montrose Memorial Hospital (www.MontroseHospital.com)

Montrose Memorial Hospital is a 501(c)3 nonprofit healthcare system serving



Cathy White a recent patient at MMH, with Montrose Memorial Hospital staff at the Joint Replacement Center desk. Montrose Memorial Hospital was recently named a High Performing hospital for knee replacement surgery by U.S. News & World Report. Courtesy photo.

Montrose, San Miguel, Ouray, Gunnison, Delta, Hinsdale and San Juan counties. The health system offers a 75-bed hospital and an extensive range of inpatient & outpatient health care services, including cardiology, oncology, minimally invasive surgery, laboratory, medical imaging/radiology, Mountain View Therapy, Level III Trauma Center, Acute Rehabilitation Unit and the family birthing center. The health system partners with regional providers on joint ventures to meet local healthcare needs, including CareFlight air ambulance service, San Juan Cancer Center and Black Canyon Surgical Center.



Introducing Independent Living at The Homestead at Montrose

If you are over 55 and independent but would like to live in a community offering socialization and peace of mind, schedule a tour of our private one and two bedroom apartments. We're conveniently located across from the Montrose Pavilion Senior Center.

Rent includes:

- · All utilities: cable television, Internet and phone
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Pricing starts at \$1210 per month, new residents only.

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Give Back Days

At Mi Mexico Mexican Restaurant

Come enjoy a delicious meal and we'll donate 20% * of your total check to a local non-profit.

Every Wednesday...Every Month...All Day (11 am - 10 pm)

Over 200 entrees to choose from!

1st Wednesday: The Homestead at Montrose

2nd Wednesday: All Points Transit

3rd Wednesday: Black Canyon Boys & Girls Club

4th Wednesday: Valley Manor Care Center

5th Wednesday: Community Options Inc.

(Note: 5th Wed dates are: Mar. 29, May 31, Aug. 30, Nov 29th, 2017)

After dining, attach the coupon to the bill and deposit it in the box labeled "Give Back Days." 20% of your total bill will be donated to the designated charity.

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*Coupon must be present

Mi Mexico Restaurant 1706 E Main St (Hwy 50) Montrose, CO 81401 (970) 252-1000 (970) 252-1111 Fax

MIRROR IMAGES...BY JEN MCCLANAHAN



Local photographer Jennifer McClanahan captured this image at Buckhorn several years ago, and shares it with Mirror readers as we celebrate the arrival of Fall.



OPINION/EDITORIAL: COMMENTARY

UP IS DOWN...BUT WORDS ARE NOT EVIL

"Jesus is here We just have to hear.. Compassion or Fear? Which one is Clear? -NMSquirrel"

By Timothy Storrs, Montrose Philosopher

MONTROSE-We all have complained about this topsy-turvey world, how things are backwards from what they once were. Intelligence is shamed, obedience is rewarded. Just having one job does not work to support oneself. Rents are out of control, idiocracy reigns, the bullies are in charge. Question authority to learn, and get kicked out.

(Might makes Right, eh?)

Words have lost their meanings because we have assigned emotions to words as if the words themselves are EVIL. Why is it that the word Liberal has made it into mainstream as an insult? I believe it is because it has been used for so long as an insult by some, that the rest of society has believed it to be an insult, that it is actually wrong to be liberal.

It is Easier to follow a list of rules than to show discretion; however, the word Liberal is NOT an Insult, it is a description, and insulting people only shows the speaker to be judgmental. Why should I listen to you, if you accuse me of being less than human to make your point? If you do not care about my feelings why should i care about yours? When someone insults you, do you listen to them, or do you insult them back?

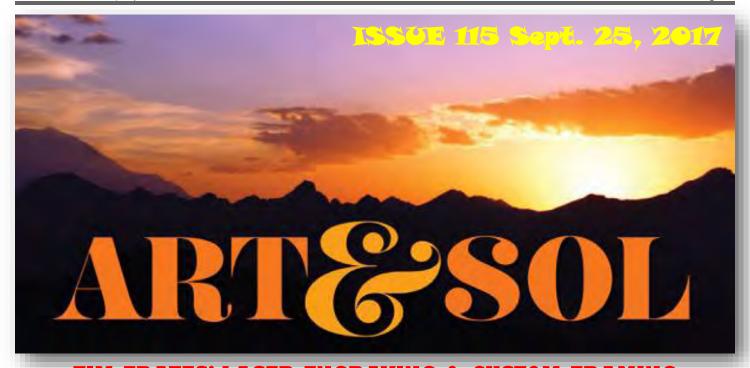
Words are not Evil, they are a means to communicate. If we translate the words into an emotional state of being, how can we hear the problems and help to solve them? It's not wrong to have emotions; emotions create empathy and compassion. I am a very emotional person, but it does me no good to spend my life trying to justify my feelings, because how I feel is a starting point to search for the subjective understandings that emotions bring. Why do I feel this way? Is it really the other guy's fault? If they resort to insults to make a point, then maybe they are responsible for making me feel bad, but why do they resort to insults?

We can't let this Continue if we expect to make society better; we must be specific about the true meanings of words, rather than ignoring their meanings in the interest of vilification. Intelligence should be rewarded, not shamed and persecuted. Just because we have the ability to shame does not mean we should. If you TRULY believe someone is dumb, stupid, a moron, retarded, or any other old pejorative term for mental health challenges, then help get them to a Mental Health Doctor (Single payer Healthcare!). Do not use those outdated terms as an excuse to exclude them because YOU can't answer their questions intelligently. It's not they who are lacking knowledge or reason, it is you, if you must resort to calling someone names to make your points.

Authority is supposed to be expert, not boss. If you ain't expert enough to have the patience to teach others, you do not deserve to be boss. it's in your best interest to teach others, to share your knowledge and expertise.

"Because I Said so," is not teaching others, and does not encourage critical thinking. Instead, it teaches people to blindly follow orders.





TIM FRATES' LASER ENGRAVING & CUSTOM FRAMING ACQUIRES MEGAPIXEL DIGITAL IMAGING, EXPANDS SERVICES

By Caitlin Switzer

MONTROSE-Montrose artists and photographers have more fine art printing options than ever, as two local businesses transform in an effort to better serve the local market.

After three years in business at North First and Cascade, Tim Frates' Laser Engraving & Custom Framing at 401 North First Street is expanding its scope with the acquisition of Megapixel Digital Imaging from Ken Holyfield, who will remain in business at 104 South First Street as Go Big Banners.

Though much of the focus for Frates in the past has been on framing, he has the technology and expertise requisite for a seamless transition. Now, Frates will offer photo prints; canvas gallery wraps; fine art prints; float mounts; MDF float mounts; fine art digitizing; photo restoration; local creative library; framing; and laser engraving.

Megapixel staffer Angie will also join the Frates team, working full-time in customer service and digitizing original art. Judi Newland will work part-time on the laser side. "On the printing side of things we will cross-train, so we are capable of doing it all," Frates said.

Clients can even take advantage of the dye sublimation technique of printing on metal, for stunning, standout imagery up to 15X18 '. "This is the newest 'in' thing," Frates said. "It gives a sense of realism and so much depth to the image. I started doing it for the awards aspect of my business, but having a much bigger printer allowed me to do

larger images and a much nicer finished product."

Holyfield, who is selling Megapixel so that he can expand his banner business, said, "I am a little on the overwhelmed side, but really excited."

"It's the perfect match," Frates said.
"With Angie coming over to work with us,

megc.

Business owners Ken Holyfield (left) and Tim Frates celebrate the acquisition of Holyfield's Megapixel Digital Imaging by Frates Laser Engraving & Custom Framing. Holyfield will remain in business as Go Big Banners.

it will be seamless. If there is one thing I have learned, it's all about finding the right person."

Frates Laser Engraving & Custom Framing will now be open weekdays from 8 a.m. to 5:30 p.m. and on Saturdays from 10 a.m. to 3 p.m. Reach them at 970-615-7050 or 970-252-1789.

COMMUNITY NEWS BRIEFS

PHOTOGRAPHER NATALIE HELLER FEATURED IN EXHIBITION @ WRIGHT OPERA HOUSE



Photographer Natalie Heller. Courtesy image.

Special to Art & Sol RIDGWAY - An exhibition by photographer Natalie Heller opened at the Wright Opera House on Saturday, Sept. 9. Backcountry," a photograph featuring Mt. Sneffels, was recently selected as a Cowboys & Indians contest winner in addition to "Gunnison River Sunset" selected as a finalist. Complementing this recognition is Heller's published book, "SWC - Southwest Colorado, Images by Natalie Heller." Heller's book was finalist in the ity to capture scenes of ranchcoffee table/photography book ing life without pretense brings

eration Indie Book Awards, the boys and animals at work. world's largest not-for-profit book awards program for independent publishers and selfpublished authors.

Heller's book has also won best coffee table and best photography book from Regional Excellence in Book Awards, and finalist in the same two categories from National Indie Excellence Awards. Heller has gained recognition as one of the region's ranching and landscape photographers. Her abilcategory in the 2016 Next Gen- out the beauty found in cow-

From landscape shots taken down backcountry roads, to the dusty, focused work of branding, Heller frames shots that draw the viewer into the scene.

Thirty percent of proceeds from all sales during the exhibition will be donated to The Wright Opera House and to Ouray County Arts Association, both are 501(3)(c).

To learn more about Heller's photography visit loneconephotography.com.

The exhibition will be open until Nov. 9.



Please join us for a time of education & support!

Wednesday, Sept. 27

Mindfulness Based Stress Reduction Nichole Moorman, LCSW

6:30-7:30 p.m. MMH Conference Room B 800 S. 3rd Street



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WEEHAWKEN DANCE FALL 2017 MONTROSE SCHEDULE

MONDAYS:

WEEHAWKEN MONTROSE

10am-10:45 Pre-Ballet with Miss Leeann (ages 2.5-5) 10:45-11:15 Story Book Ballet with Miss Leeann (ages 2.5-5)

4:00-5:00 Beginning Hip-Hop and Jazz with Miss

Caila (ages 5-7)

5:00-6:00 Intermediate Hip-Hop A with Miss Caila (ages 8-11, All may sign up for this class, Miss Val will class assist the first 4

6:00-7:00 Intermediate Hip-Hop B with Miss

Valerie (ages 8-11, May sign up with approval from Miss Val Only)

7:00-8:15 Advanced Hip Hop with Miss Valerie (ages 12+, teacher approval required)

MONTROSE @ PRECEDENCE ON MAIN

3:45-4:30 Pre-Ballet with Miss Leeann (ages 2.5-5) 4:30-5:15 Primary ballet Miss Leeann (ages 5-7) Tap I with Miss Caila (ages 5-7) 5:15-6:15

MONTROSE- REC FIELD HOUSE

3:45-4:45 Ballet 1/2 with Miss Pang (ages 8-10)

WEEHAWKEN MONTROSE

Ballet 3/4 with Miss Caroline (ages 10 4:00-5:30 and up with instructor approval)

5:30-7:30 Ballet 4/5 with Miss Caroline

(with instructor approval)

Teen Jazz and Lyrical with Miss Caila 7:30-8:30

(ages 13 and up)

MONTROSE - @ PRECEDENCE ON MAIN

4:00-5:00 Wee little Hip Hop with Miss Leeann

(ages 2.5-5)

5:00-5:45 Pre-Ballet with Miss Leeann (ages 3-5)

WEEHAWKEN MONTROSE

4:00-5:30 Ballet 3/4 with Miss Pang (ages 9+) 5:30-6:00 Pre-Pointe/Pointe for ballet level 3/4 with Miss Pang (instructor approval)

6:00-8:00 Ballet 5/6 with Miss Pang \ (with instructor approval, includes pointe)

WEEHAWKEN MONTROSE

3:45-4:30 Primary Ballet w/ Miss Natasha (ages 5-7) Tap/jazz (ages 5-8) with Miss Natasha 4:30-5:30 Ballet 1/2 (ages 7.5 -9) w/ Miss Natasha 5:30-6:30 6:30-8:00 Ballet 3/4 (ages 10+) with Miss Natasha Pointe with Miss Natasha 8:00-8:30

Item

30 minutes

45 minutes

60 minutes

75 minutes

90 minutes

120 minutes

performances.

The Fall 2017 Session runs for 12-weeks beginning the week of September 5th and ending with a performance of "The Nutcracker" December 9 & 10 at the Montrose Pavilion.

All students must enroll either prior to the program beginning or at the first class in person. Enrollments are not accepted after the third week of the session unless special approval is granted by the Artistic Director.

New to Weehawken Dance? NEW students are welcome to try a class the first week free! Some needs-based scholarships are also available Deadline August 25, 2017.

For more information on Weehawken Dance policies, Lead Audition Dates, Ballet Uniform Information, Studio Etiquette, Semester Dates to Remember, Company Dance visit weehawkenarts.org

70.318.0150

www.weehawkenarts.org

STANDARD PRICING*

* = excludes aerial classes

Show fee (per class) \$35

Annual registration \$25

+ any costs associated with

dancewear or tickets to the

(as of 09/01/17, 12 week session)

\$84

\$162

\$174

\$192

\$216

\$285

weehawken reative centers

MONTROSE @ PRECEDENCE ON MAIN

2:30-3:30 Tap 1/2 with Natasha (ages 8-10)

WEEHAWKEN MONTROSE

5:00-6:15

3:00-4:00 Pom Jazz with Miss Valerie (ages 9+) 4:00-5:00 Jr Jazz and Mix it up! with Miss Natasha (6-8th grade, see additional info on website for

> weekly teacher and dance style schedule) Sr Jazz and Mix it up! w/ Miss Natasha

(grades 9-12, or with instructor approval, see additional info on website for weekly teacher and dance style schedule)

MONTROSE - BLACK CANYON GYMNASTICS

6:45-7:45 Year I Aerial Dance A with Natasha (6 week session, non-performing. Ages 10+)

7:45-8:45 Year I Aerial Dance B with Natasha (6 week session, non-performing, Ages 10+)

COMMUNITY NEWS BRIEFS

BCB&GC ANNUAL CRAB CRACK IS BACK!

Special to Art & Sol

MONTROSE-The Black Canyon Boys and Girls Club's annual Crab Crack event returns for the third year...on Nov. 17 at 6 p.m. at the Montrose Pavilion, indulge in an all you can eat crab and shrimp menu with all the fixings. Enjoy music by Jedi George, a beer/wine tasting garden, and more!

The winner of the Club's fundraising raffle for a new 2017 Jeep Wrangler or \$25,000 will also be drawn at the event. Raffle tickets are still available by e-mailing Bud Taylor at btaylor@bcbgc.org, texting tickets to 970-209-6814, or by calling 970-249-5168. For Crab Crack ticket and sponsorship information, please visit www.bcbgc.org/tickets.



THE TELLURIDE INSTITUTE, THE TELLURIDE HISTORICAL MUSEUM, AND SAN MIGUEL COUNTY PRESENT



THE SECOND ANNUAL INDIGENOUS PEOPLES DAY

A Colorado Day of Healing & Education

Saturday • October 7 • 4 PM Telluride Historical Museum

FEATURING

PETER PINO

of Zia Pueblo and the Native American Rights Fund

ERNEST HOUSE JR

of the Colorado Commission on Indian Affairs

REGINA LOPEZ-WHITESKUNK

of the Ute Indian Museum in Montrose and formerly of the Bears Ears Intertribal Coalition







REGIONAL NEWS BRIEFS

UTE INDIAN MUSEUM WELCOMES NEW EDUCATION COORDINATOR



Regina Lopez-Whiteskunk. Courtesy photo.

Special to Art & Sol MONTROSE-The renovation and expansion of the Ute Indian Museum included an addition to the staff to provide education programming and support for the expanded facility. The Ute Indian Museum is excited to announce the hiring

of the new education coordinator, Regina Lopez-Whiteskunk.

Lopez-Whiteskunk comes to Ute Indian Museum with years of experience pre-

senting and sharing the Ute culture through song, dance and lectures. In 2013, she was elected to serve as a member of the Ute Mountain Ute Tribal leadership. She has degrees from Chief Dull Knife College and American InterContinental University and has has worked in the past for Chief Dull Knife College, the Southern Ute Indian and Ute Mountain Ute Indian Tribes of Colorado.

"The Ute Indian Museum is fortunate to have Regina join our team. For the first time, we have a member of Ute Mountain Ute tribe on the museum staff as an educator," said museum Director CJ Brafford. "Her experience and enthusiasm are great assets to the museum and her programs will enhance the educational experience

for students and the community." Lopez-Whiteskunk will be providing outreach to schools on the Western Slope, working to increase school visitation to the museum and matching educational tours to state standards. The new education programs will help students and educators to connect Ute history, culture, art and way of life to their curriculum. The renovated and expanded Ute Indian Museum opened to the public in June 2017, with new exhibits that will help make connections between past and contemporary Ute life and culture and the Ute peoples' history of adaptation and persistence. The museum is open seven days a week and is located on Chipeta Road just south of Montrose.

COLORADO COMMUNITY MUSEUMS WELCOME NEW STAFF

Many Older Adults Need Our Help... in the most fundamental ways.

- **FOOD:** In the most affluent country on earth, seniors have to choose between food and medicine.
- SHELTER: Imagine having to find a decent, secure place to live on an income of \$800 per month.
- SAFETY: For older adults, home can often become a dangerous place without proper repairs.
 - SUPPORT: Sometimes we all need a little help from our friends.
 - CARE: When living at home is no longer an option, we can help.
- CONNECTIONS: When you outlive all of your friends and family, who do you turn to?



Join us in supporting our vision to enrich and uplift the lives of our local older adults.



www.voahealthservices.org www.Facebook.com/VOAWesternSlope.org 1-844-VOA-4YOU Toll Free Assistance Line Special to Art & Sol

STATEWIDE-The Community Museum Division of History Colorado recently added three new staff, headquartered at El Pueblo History Museum, as part of the recent expansion of Community Museum programming and services.

Dianne Archuleta is the new Community Museums Operations Specialist. As Operations Specialist, Archuleta will help to implement new Community Museum initiatives including updating security, aligning museum operations and budgets, and coordinating various Community Museum departments. Jose Ortega joins the Community Museums Division as the new Exhibit and Collections Coordinator. Ortega will lead exhibit development, exhibit project coordination, exhibit maintenance, and collections needs throughout the community museum statewide network. Bell Rings: Pueblo's Historic High Zach Werkowitch is the Community Relations Coordinator for the Community Museums Division. Werkowitch will oversee statewide external communications and support programming needs.

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BREWIN' SOMETHIN' UP

join us Sept. 30 at the Oktoberfest!



Montrose Oktoberfest 1 - 6 PM at Centennial Plaza downtown! We will be introducing the Basecamp Blonde and Summit Ale by Elevate and Horsefly Brewing and that's not all.

So, grab a friend, get your tickets, and plan to stop by our booth. Our booth will be jampacked with great beer, awesome prizes, FREE WiFi, and a team to answer all of your questions about the fastest internet in town.

ELEVATE

FIBER ▶ POWERED BY DMEA





NOTES FOR THE JOURNEY...

Exploring Classical Music With Rob Brethouwer

READ ORCHESTRAL/OPERATIC SCORES FOR GREATER ENJOYMENT

Today's topic is orchestral/operatic score reading and study. To start this process, you must have a firm grasp of the basics of reading music. For the purposes of this discussion we will reference a score to an opera. This adds one additional challenge as the singing parts must be followed and understood along with the orchestral parts. Anybody who possesses the required skills will find that score and study and reading is a fascinating way to become intimately familiar with an orchestral or operatic work. The process that will be outlined here ensures that nothing is missed and that the journey is not too overwhelming all at once. The tempos, pacing, pauses, crescendos and decrescendos, and solo lines found within an operatic score should first be simply heard before they are studied. The first step in the score study process is to listen to the selected all the way through without pause and without any distractions. It is critical to have these sounds in your head, to have a basic acknowledge of what the opera is about as far as storyline, and how it sounds from beginning to end. Most recordings on CD will have liner notes that should be read in addition to listening to the music. Should you find your recording through iTunes, you should do a quick Wikipedia search on your musical selection so some basic information is available. Opening the full score to an opera can be daunting. Many times the basic information will be written in the language in which the opera is sung and everything from the title of the opera, Le Nozze di Figaro (The Marriage of Figaro) to the names of individual instruments, Fagotti (Bassoon), will be foreign. Move past this. Thumb through each page, observing where acts and scenes begin and end. Take notice of how the instruments are listed on the page from top to bottom. While doing this it is important to see if the line of the flute continues halfway down the page or if it immediately moves to the next page because of the large number of instruments in play. Work your way through the entire opera just becom-

ing familiar with how the score looks on the page. If needed, make a few notes or highlights of sections that look particularly confusing or you want to be reminded about later on during the process.

Make a note of where each individual track begins with the score. For example, if you are working with a CD, write 1 at the point where the first track begins and highlight so that it is easily found. Do this all the way through the CD for each individual track. This will help you follow along with the score and provides a place to re-orient yourself should you get lost (and you will get lost) during your initial listening experience. For a typical opera, there will be 2 CD's with a total of 16-20 tracks per CD. This can be a tedious process but it is very important to do so that frustration does not come in unforgiving ways later in the process.

Now we listen and follow along in the score. If the prep work has been done then the possibility of becoming hopelessly lost has been drastically reduced. Our saving grace is the track numbers we have found and noted within the score. If things go off the rails during track 6, wait for it to come to an end and pick up fresh at the beginning of track 7. If at all possible, listen without stopping until the end of the CD. Odds that you will make it all the way through without getting lost are actually quite slim but you have the tools in place to keep things moving forward. This is not a one shot opportunity and before our process comes to an end you will have another shot at making it through clean. As you listen, make notes in places where you get lost, places that you find especially appealing, and even in parts where the instrumental or vocal parts look very difficult or interesting.

You have made it through the first attempt and it is now time to back up just a bit. Once your eyes uncross themselves and you find your equilibrium, study the score once again without the music. Pay particular attention to any areas where you made notes or marks in the score and remember these parts in the future. Page



through the entire score slowly as this will remind you of what you just heard and will make a printed score come alive with the memory of sound. The final step is to listen to the musical work once again all the way through with the score in front of you. While working through the second time, make an attempt to follow various lines for several pages at a time. For example, follow what the 2nd violin or 1st viola is doing. If a section of the score is heavy in brass, do the same with the trumpets and see what they are playing is adding to the overall sound of the opera. This is not only an interesting diversion but will help make the listener a better score reader. Doing this same activity with a solo vocal line is interesting because you see how the words and the syllables of an aria are notated musically.

This is a heavy process but it is most certainly worth the effort if you are looking to become more familiar with an opera. It is especially helpful to do before hearing an opera during a live performance. You will not remember every nuance of the score but you will have become more familiar than the average listener, which will only make your musical experience that much more enjoyable.

COMMUNITY NEWS BRIEFS

CEDAREDGE APPLEFEST CELEBRATES 40 YEARS OCT. 7-8

Special to Art & Sol

CEDAREDGE-Head to beautiful downtown Cedaredge on Oct. 7-8 for Applefest, this year celebrating its 40th year! Applefest is the annual celebration of the apple harvest with music, arts and crafts booths, beer, wine, cider and the arts in the Surface Creek Valley of Delta County.

Applefest showcases more than 200 vendors on Main Street and around Cedaredge Town Park. You'll find everything at the various vendors, including handmade art, crafts, jewelry and other goods; nonprofits and businesses offerings; and lots and lots of apple treats, from a makeyour-own candy apple bar to tempting apple cakes, pies, muffins, cookies and more. The Girl Scouts of Colorado will have free kids' activities in the 100 block of Main Street, and in the park will be tons of other family-friendly activities, too. Don't forget to visit "Apple Lane" at town park, where area orchardists will be set up selling freshly picked apples. Among other orchards at the event, Williams Orchards will have their juicy apples on hand and Red Mountain Ranches will also have their apples, as well as their to-die-for crisp, tangy apple juices.

Applefest wouldn't be Applefest without a full two days of live music. Music starts at 10 a.m. both days in the park, and the lineup includes Rare, Shelley Rae, David Starr, the North Fork Flyers, Kirby Kelley and many more. Read musician bios and find a full lineup at www.ApplefestMusic.net.

Vendors at the Cedaredge
Farmer's Market will showcase
their goodies at 175 E Main
Street. An antique and classic
motorcycle show will be held at
SW 2nd Street, and an antique
and classic car show and tractor
show will be at Pioneer Town. A

second car show will be held at The Old Slaughterhouse Music Hall on East Main Street. Applefest is also serving as the grand opening of The Slaughterhouse, an events center that has set up shop in - you guessed it - an old meat packing plant and slaughterhouse. There will be a beer and wine garden at town park for adults 21 and older. Other weekend offerings include a 5K race as a benefit for a local Boy Scout Troop, pancake breakfast by the FFA



students, a community non-denominational church service on Sunday and the always popular, super-fun, five-Alarm Chili Cook-off at the fire department. For a full schedule of events, visit www.CedaredgeChamber.com or like the Chamber on Facebook or by calling 970-856-6961. While you're in town, make sure to visit our local businesses to find incredible offerings of food, drink, art, specialty items and more.



with dementia or Alzheimer's?

Dementia Care – Validation Support Group Meets the 2nd Thursday of every month 2:00 – 3:00 pm

Bring your loved one and activities will be provided while we meet.

Our group is open to anyone wanting to learn more about dementia or Alzheimer's disease, caregivers taking care of a loved one at home, or friends and family members who want to lend extra help from time to time.

Valley Manor Care Center Memory Care Community

1401 South Cascade Ave., Montrose

Led by Brandi Garcia Certified Dementia Care Validation Instructor 970-249-9634 or 970-275-6115

Email: bgarcia@voa.org





Up Bear Creek by Art Goodtimes

Whatever happened to level playing fields?



Art Goodtimes performing poetry at the Blue Sage Center of the Arts in Paonia for their annual Harvest of Voices show last week (photo by Dea Jacobson).

WELFARE STATE ... As my friend Dr. Richard Grossinger of Bayfield reminded me in a recent essay, most Americans are surprised to learn that it isn't just solar energy that requires subsidies to stay competitive in the international power marketplace. Not even counting the incredible underwriting subsidies for nuclear energy that assumes billions of dollars of liability for black swan events, subsidies of all kinds are essential for keeping other energy extraction processes competitive, including coal – the dirtiest of all our energy sources ... According to Grossinger, "[S] ubsidies for fossil fuels are more than five times larger than subsidies for renewable energy! Worldwide subsidies cost an astounding \$444 billion. In the USA \$24 billion in taxes go to fossil fuel subsidies. That is more than \$73 of our tax money for each American, every year!" ... If you listen to ultra-right Republicans, welfare is only what we spend on supporting safety nets for the least advantaged among us. But then telling the truth hasn't exactly been the hallmark of the political classes these days.

VIKING WARRIOR WOMAN? ... Wonder Woman may be our modern version of a recently re-interpreted Viking burial in Birka, Sweden. The tomb was excavated in the 19th century and recent DNA analysis suggests that the skeleton belonged to a woman. Buried with sword, two horses and gaming pieces used in battle planning,



A shot of a rare Lynx up at Hope Lake in San Miguel County two weeks ago (photo by Jerry Oyama).

a scientific paper and many commentators have jumped to the conclusion that this was evidence of the acceptance of female warriors in ancient Viking society ... However, writing on her blog, University of Nottingham professor of Viking Studies Judith Jesch questions this interpretation, noting that early archaeology was not as rigorous a practiced science as today. The bones in question were collected, an illustration made and then the lot put into bags. Other documented instances exist at the Birka site of bones and bags that were confused or mislabeled. And there are also documented instances of women buried with swords who appear to have been the wives of warriors, rather than warriors themselves ... There are still over 3000 identified burial graves around Birka and only 1100 have been excavated. So, while this one grave leaves the question inconclusive, it is fascinating to ponder the possibility that the occasional woman warrior was to be found among Viking society ... Thanks to my neo-Viking friend



Jodie Hollander (courtesy photo).

Rick Hollinbeck of Norwood for alerting me to this story.

A 63-year-old paleohippie mush-room picker up in Washington State who's led a life of adventure, living

mostly in Alaska,

traveling the Pacific Ocean in 16-foot skiffs and trekking 1600 miles on foot between Alaska and British Columbia, is facing jail time for standing up for what he believes in. And Paul Lee Corbett believes in entheogens ... According to the Washington Post, "Currently, Corbett is facing a potential prison sentence of five years for possession of psilocybin mushrooms. In November 2016, he was arrested for picking wild mushrooms at Cape Disappointment Park in Washington state. He glimpsed what he believed to be a yet unidentified species of psilocybin mushroom, picking specimens of it for later analysis. Corbett maintains his innocence, arguing he committed no crime and injured no one. He was only exercising his natural curiosity, he says ... He first picked wild psilocybin mushrooms outside Seattle in 1972. 'That kinda opened my eyes to the early information about season and location, so I became curious about that,' he tells [reporter Alex Lekhtman]. 'Eventually I found other types of psilocybe. Once you find the mushroom, you learn about the other mushrooms that grow with it, what kind of trees there are, what kind of medium they grow in, whether it's grass or bark. The mushrooms educate you about the rest of the forest and the environment, too'" ... He is caretaking his partner, Joyce McPherson, and she would be left all alone if he is sent to prison. Visit their GoFundMe site, if you'd like to support his principled stand against an unjust law:

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Up Bear Creek by Art Goodtimes

www.gofundme.com/pauljoyce ... Selling plants or fungi is commerce, and laws are strict about that, as well they should be. But personal use of plants or fungi should not be the subject of criminal penalties.

NO MYSTERY ... Euro-American archaeologists created a mystery that traditional peoples of the Four Corners never found very mysterious.

When the Ancient Puebloan peoples left Mesa Verde and Chaco, they migrated to the banks of the Rio Grande in Northern New Mexico.

That was always the story the indigenous elders told. But archies thought they knew better.

And claimed the "Anazasi" or "Moki" people had disappeared ... Well, recent research by archaeologists like Scott Ortman of the University of Colorado have confirmed indigenous historians. A recent paper in PLoS One, a research journal, found that DNA from turkeys along the Rio Grande matched those of turkey artifacts at Mesa Verde. "The patterns we found are consistent with several other studies," explained Ortman, one of the

paper's co-authors, tying the ancient Mesa Verde peoples to descendants along the Rio Grande.

TRAVELING GOURDS TOUR ... Poet Jodie Hollander of Avon will be the guest of the Telluride Institute's Talking Gourds poetry program on a tour of Western Slope venues this week, starting in Norwood Mon. Sept. 25, then Telluride Tues. Sept. 26, Colona Wed. Sept. 27, Paonia Thurs. Sept. 28 and Fruita Fri. Sept. 29.

Visit talkinggourds.weebly.com for more info

THE TALKING GOURD

Shippers and Receivers Do Not Confuse

These two grimy black railroad tank cars coupled to a siding in Mojave Desert heat at the old Southern Pacific depot, Kelso, California.

One tank car is stenciled: HYDROCHLORIC ACID

The other: EDIBLE LARD

> -Doc Dachtler Nevada City



COMMUNITY NEWS BRIEFS: CULTURAL EVENTS SAN MIGUEL COUNTY HOLDS 2ND ANNUAL INDIGENOUS PEOPLES DAY

Special to Art & Sol

TELLURIDE-The Telluride Institute's Ute Reconciliation program is hosting the Second Annual Indigenous Peoples Day in Telluride, in partnership with San Miguel County and the Telluride Historical Museum.

"Following last year's successful event, we wanted to continue the process of cultural healing and education that can lead us to a true reconciliation between Native-Americans and Euro-Americans," said Art Goodtimes, program director.

Three speakers will talk at the Telluride Historical Museum on Saturday, Oct. 7th, starting at 4 p.m. in the afternoon: Peter Pino, former Governor of the Zia Pueblo and boardmember of the Boulder-based Native American Rights Fund; Ernest House, Jr., director of the Colorado Commission on Indian Affairs; and Regina Lopez-Whiteskunk, Ute Indian Museum educator and former co-chair of the Bears Ears Inter-tribal Coalition.

All three are scheduled to speak to classes at the Telluride Mountain School and the Telluride Public School on Friday, Oct. $6^{\rm th}$.

Peter Pino is a former Governor and War Chief of the Pueblo of Zia. He has a BS in Electronics (1970), a BA in Industrial Arts (1972) from New Mexico Highlands University, and a Master's in Business Administration (1975) from the University of New Mexico. From 1977-2014, Peter served as the Pueblo of Zia Tribal Administrator and Treasurer. He is a traditional spiritual leader, holding a lifetime appointment as one of the tribe's Keeper of Songs. He is also a traditional craftsman who tans deer hides and makes moccasins, bows, arrows, digging sticks, rabbit sticks, rock art and bone tools, using the same techniques employed by his Puebloan ancestors. His archaeological interests have led him to committee and board commitments with Crow Canyon Archaeological Center and Mesa Verde National Park. He is also the first Native American to serve as a Commissioner for the New Mexico Game and Fish Commission, appointed by New Mexico Governor Bill Richardson; his term ended in January

2007.

During his tenure as Tribal Administrator Peter presided over the return of more than 56,000 acres of Zia Pueblo Tribal Ancestral Lands re-incorporated back into Pueblo Trust lands from various federal, state, local and private agencies. He was also instrumental in establishing the *Ojito Wilderness* in conjunction with the U.S. Congress (2005) and the U.S. Bureau of Land Management (2012).

As Executive Director for the Colorado Commission of Indian Affairs (CCIA), Ernest House, Jr., maintains communication among the Southern Ute Indian Tribe, the Ute Mountain Ute Indian Tribe, and other American Indian organizations, state agencies and affiliated groups. Ernest works closely with Governor John Hickenlooper, Lieutenant Governor Donna Lynne, and the CCIA members to maintain a government-to-government relationship between the State of Colorado and tribal governments.

The CCIA is a twenty-five member commission, chaired by Lt. Gov. Lynne and comprised of both Ute Tribes, their appointees and several state department representatives and ex-officio members. Ernest also represents the CCIA at various federal, state, and local public policy meetings and provides legislative and government-related information to community stakeholders.

Ernest is an enrolled member of the Ute Mountain Ute Tribe in Towaoc, Colorado. He previously held the position of Executive Director under Governor Bill Owens and Governor Bill Ritter from 2005-2010. Ernest is a 2012 American Marshall Memorial Fellow, 2013 Denver Business Journal Forty under 40 awardee, and 2015 President's Award recipient from History Colorado for his great service to Tribes and historic preservation in Colorado. Ernest currently serves on the Fort Lewis College Board of Trustees, the Mesa Verde Foundation, and the Global Livingston Institute. He holds a rich tradition in his position as son of the late Ernest House, Sr., a long time tribal leader for the Ute Mountain Ute Tribe and great-grandson of Chief Jack House, the last hereditary chief

of the Ute Mountain Ute Tribe.

Regina Lopez-Whiteskunk was born and raised in southwestern Colorado and is a member of the Ute Mountain Ute Tribe of Towaoc, Colorado. At an early age she advocated for the well-being of the land, air, water and animals. She attended schools in Cortez and has received degrees from Chief Dull Knife College, Lame Deer, Montana, and American InterContinental University, Hoffman Estates, Illinois. She spent ten years in the Information Technology field working for Chief Dull Knife College, the Southern Ute Indian and Ute Mountain Ute Indian Tribes of Colorado.

Regina has traveled extensively throughout the country presenting and sharing Ute culture through song, dance and numerous speeches. In October of 2013 she was elected to serve in leadership as a member of the Ute Mountain Ute Tribal Council. She is a former member of the Colorado Commission of Indian Affairs and the Bears Ears Inter-tribal Coalition, among many other committees and boards. Currently she is serving as the Education Director for the Ute Indian Museum in Montrose, Colorado. She is honored to continue to protect, preserve and serve through education, creating a better understanding of our land and culture -- a great foundation for a better tomorrow.

The Museum event is free, although donations to continue TI's cultural outreach programs are encouraged. Two Ute Youth Ski Days are in planning among the Ute Mountain Ute Tribe, TI and the Telluride Ski & Golf, one in December and another in March.

"We could use help from volunteers to provide for lodging and general assistance with ski plans for Ute youth from the Ute Mountain Ute Tribe in Towaoc," added Goodtimes. "Please contact me at shroompa@gmail.com if you are interested in assisting." Started by San Miguel County last year, Indigenous Peoples Day is being provided county funding to match private funding raised by the Telluride Institute and is delegating administrative responsibilities to the Institute this year, in cooperation with the Telluride Historical Museum's providing a venue.

COMMUNITY NEWS BRIEFS: RECREATION & WILDLIFE

PRESENTATION ON SHARP TAILED GROUSE WILL BE SEPT. 28

Special to Art & Sol

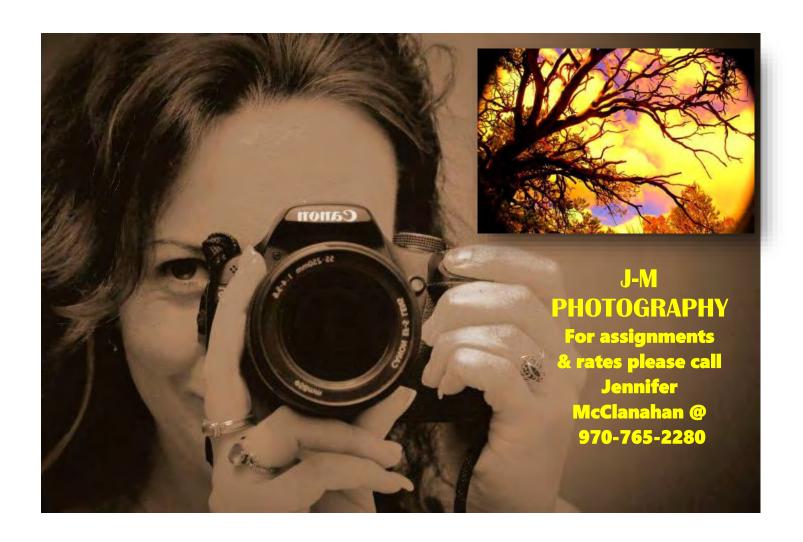
DELTA-Native Americans called them firebirds, we call them sharp-tailed grouse. While fairly common in grasslands with mixed shrubs and trees in western Colorado, they are shy birds and not easily seen. The Native Americans gave them the name firebird because of their reliance on fires to keep grasslands open and healthy which is key to their survival.

Colorado Parks and Wildlife biologist Tony Apa has been studying sharp-tails for almost thirty years since his initial Phd research. He has just completed the first phase of a new study to see how sharp -tails respond to habitat improvement on Conservation Reserve Program land. He will give a presentation of his preliminary findings on Sept. 28 at the Bill Heddles Event Center in Delta. So far, he and his assistants have radio marked 285 females and have set up more than four hundred habitat transects during the first three years of the study.



Sharp tailed grouse. Courtesy image.

Apa's talk will begin at 7 pm and is free to the public. The program is sponsored by the Black Canyon Chapter of the Audubon Society. For more information call <u>970-688-0757</u>.





SATURDAY, OCTOBER 7 - 3:00 to 4:00 pm

Crossroads Victory Church - 515 S Hillcrest Dr, Montrose

Sparking a Revolution of Kindness!

Leon is a global adventurer who has visited communities on a heartfelt mission making human connections and sparking a revolution of kindness.

Join us for this relatable and fun filled speech!



Inspirational! Presented by Captivating!



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COMMUNITY NEWS BRIEFS

CATCH THE NOVEL IDEAS AT THE RADIO ROOM OCT. 26

Special to Art & Sol

GRAND JUNCTION-The Novel Ideas will perform Oct. 26 at the KAFM Radio Room in Grand Junction. Novel Ideas are a country folk quintet of friends from the great state of Massachusetts. Featuring the voices of three different songwriters, The Novel Ideas create a blend of pastoral, harmony driven, and plaintive Americana. In 2014 they released a 10" single "Lost on the Road", featuring two new songs and marking the band's first effort as a five piece. The following couple years have been spent touring nationally, writing, and recording as a band. Their latest release, *St. Paul Sessions*, was recorded live in an old church in their hometown. It features six unreleased songs, and aims to capture the raw energy of their live performance. Featuring the voices of three songwriters, the newly-released self-titled album, produced by Rick Parker (Lord Huron) and mixed by Ryan Freeland



(Ray LaMontagne, Bonnie Raitt), showcases the band at its best. Capturing the spirit of their live performance in recorded form wasn't easy, but the result is a heartfelt representation of who The Novel Ideas are as a band. Track by track, The Novel Ideas represent a contribution to the country-folk scene that balances love-and-loss melancholy with thoughtful instrumentation and intricate vocal arrangements.

The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 7 p.m. Show at 7:30 pm Tickets \$15 in advance \$18 at the door. 970-241-8801 x. 211 or at our website www.kafmradio.org. Local beer and wines available.





THE REVIEWS ON YELP SAY IT ALL... THIS REALLY IS THAI PARADISE



RIDGWAY-Rulanee Monthaven and Aloune Walker have created their own little paradise in, of all places, Ridgway.

But it took Walker a trip halfway around the world and through the horror of war to find it— and her. A Laotian, Walker spent time as a prisoner of war following Vietnam – he was an American sympathizer and almost gave his life for his beliefs.

You see, that nasty little war lapped over into neighboring countries and anyone viewed as helping the United States cause suffered terribly. As an employee of Air America, Walker was one of them. It wasn't until he'd escaped with his life that he was able to escape with his family to the country he'd supported.

By happenstance and some serendipity, Walker ended up working in an authentic Thai restaurant. He eventually was able to gain some ownership of Thai Paradise and with his partner, Monthaven, some peace. His journey began with a sponsorship in Lewiston, Maine. Over the course of the years he made his way to Colorado where he was able to buy out the original owner and learned from his friend, Monthaven. Along his journey Walker lost his wife, Monthaven her husband, and . . . well.

Today his patrons marvel at his food and his journey and call him "friend." It is with graciousness and gratitude Walker and

Monthaven treat their guests to the unexpected in the small mountain town just off Hwy 550 and 145. And what a treat their food is.

On a recent evening my friend and I joined others enjoying this little bit of paradise. With the road construction finally wrapped up through Ridgway, after what seemed like forever, we settled in for what can be honestly described as some of the best Thai food to be found. Oh, the Pad Thai, the Jasmine brown rice, salads, curries, Royal Orchids Asian lettuce wraps, soups, and traditional Thai dishes – all served with the utmost hospitality and attention.

It's almost worth giving a thought to moving up the mountain to dine at this extraordinary establishment more often. Rave reviews about Thai Paradise have come from those visiting from as far away as Los Angeles, Washington, Texas, New York. And Montrose, Colorado. We started with a pot of the scrumptious wonton soup, with big, juicy, wonton's holding delicious pork meatballs; unlike other wonton soups we've enjoyed over the years this "medium" spicy broth held a treasure of vegetables.

If you like spicy you have a choice of mild, medium, hot and super hot. Having the medium I can't really imagine how you would want to go beyond that without

killing the other nuances of this soup. But, then, I've told you before I'm a wimp; my friend likes spicy, but found this "just right." He moved on to the Royal Orchid Shrimp lettuce wrap, which arrived with a generous four wraps and a sesame studded Thai seaweed salad.

Me, I chose to try the Pad King Sod, a traditional dish with fresh ginger, onions, green and red peppers, mushrooms and scallions in a ginger garlic sauce and with organic tofu. A side of Thai jasmine brown rice please.

So good we couldn't wait to repeat the dinner the next night with our generous leftovers – including the extra soup and rice they threw in for us to enjoy.

We indulged and ended our meal with Thai custard, with sweet sticky rice and special coconut milk cream sauce.

Do get in the car right now and drive to Ridgway for a little piece of paradise. I'm telling you . . .

Thai Paradise is at 146 N. Cora St. in Ridgway; open Monday-Friday for lunch from 11 am to 2 pm and daily for dinner from 5 to 9 pm. They also feature a To Go menu by calling 970-626-2742, but then you'd miss the ambiance.

Prices at Thai Paradise are reasonable, ranging from: Appetizers \$6.95 - \$13.95; Salad (Yum) \$12.95 - \$14.95; soup cup \$5.95 - \$7.95 and pot \$10.95 - \$12.95; Royal Orchids lettuce wraps \$10.95 - \$13.95; Thai Curry \$13.95 - \$18.95; noodles/fried rice \$17.95; traditional Thai dishes \$13.95 - \$18.95; desserts \$5.95 - \$6.95; house specials \$19.95 - \$24.95; lunch specials \$7.95 - \$10.95.

You may order dishes featuring: vegetables/tofu; beef/chicken/pork; shrimp/ scallop/squid or organic chicken.

 This column welcomes readers' suggestions on places to visit and review, from Delta to Montrose, Ouray and Ridgway. Please write to editor@montrosemirror.com with your suggestions. We'll see you there!

FORT UNCOMPAHERE

presents

Mountain Men and the Stars

with

Brenda Harvey
Solar System Ambassador

FRIDAY, SEPTEMBER 29th 5:00 PM - 8:00 PM Fort on the Old Spanish Trail

OPEN TO THE PUBLIC FREE

Come learn about the stars and what life was like in the 1830s

Special Presentation by

Thunder Mountain Colorado Living History Group: James Clyman, American Frontiersman, 1792-1881

Hands on Activities for kids and their families, including building a solar system with beads and constellation charts

Re-enactors in period clothing

The Fort 440 N. Palmer, Delta CO across from Tractor Supply 970 874-8349

Hold the Date! Upcoming Business and Cultural Events

ONGOING-

MONTROSE SENIOR CENTER LUNCH & LEARN: \$3 lunch& Learn, admission to program, is free. Lunch \$5. Lunch @ Noon, program @ 1 p.m. FRIENDSHIP FORCE INTERNATIONAL, non-profit organization, was founded and introduced to the world at a ceremony held at the White House on March 1, 1977. FFI provides opportunities to explore new cultures by bringing people together at the personal level. Friendship Force of western Colorado's regular monthly meetings are scheduled for the 3rd Thursday of the month. Meeting location - Red Cross Training Center, 5th and Gunnison in Grand Junction, 6:15 p.m

THE ALPINE PHOTOGRAPHY CLUB meets every second Tuesday at St. Mary Catholic Church in the St Paul Room, 1855 St Mary's Drive, Montrose. The Public is welcome to attend. For more information, email alpinephotoclub@aol.com.

FREE JAM SESSION AND SING ALONG, Mondays from 4 to 6 p.m. at the Montrose Senior Center.

MONTROSE HISTORICAL MUSEUM-"Montrose County Historical Society Presents" is held at 7 pm on the first Wednesday of each month in the Pioneer Room of Friendship Hall, 1001 N. 2nd St. The public is invited to free programs based on topics of regional history. For more information please call 249-2085.

MONTHLY-

Sept. 25-CPW will hold a public meeting to discuss the "Future of Hunting, Fishing and Outdoor Recreation in Colorado" for Southwest Region residents, 6 p.m., Sept. 25. The meeting will be held by teleconference to allow residents of the far-flung Southwest Region to participate. Residents can attend the meeting at any of the Southwest Region's four wildlife service centers: Durango, region headquarters, 415 Turner Drive in the Bodo Park; Gunnison, wildlife office, 300 W. New York Ave.; San Luis Valley, Monte Vista wildlife office, 0722 Road 1 East; Montrose, wildlife office, 2300 S. Townsend Ave. (U.S. Highway 550).

Sept. 25-Paul Zaenger to speak at Montrose Senior Center, Building of the Gunnison Tunnel. Free admission, 1 p.m.

Sept. 26-Pet First Aid will be Sept. 26 from 6:30 - 8 pm at the Montrose Library Meeting Room. Local vet Dr. Rachel Blankmeyer will demonstrate how to assemble an emergency pet first aid kit for your home, and will answer questions about what to do in a pet emergency.

Sept. 26-League of Women Voters of Montrose County volunteers will be on hand to assist with online voter registration. A valid CO driver's license or a valid CO ID card is needed to register. Local venues are the lobbies of the Montrose Library and CMU between the hours of 10am and 4pm, Delta-Montrose Technical College of the Rockies between 10 am and 2:30 pm, the Bill Heddles Recreation Center in Delta between 8am and 11 am, and the Cimarron Book Store in Ridgway between 9am and Noon.

Sept. 28-The Technical College of the Rockies (1765 U.S. Hwy 50) is hosting a community open house complete with tours, free lunch and program presentations. We will also be celebrating our name change and new director. Our Open House begins at 9:45 a.m. in the Student Services Center, and will conclude at 3 p.m. that afternoon.

Sept. 28-Colorado Parks and Wildlife biologist Tony Apa has been studying the sharp-tailed grouse for almost thirty years and has just completed the first phase of a new study to see how sharp-tails respond to habitat improvement on Conservation Reserve Program land. He will give a presentation of his preliminary findings on Sept. 28 at the Bill Heddles Event Center in Delta. Apa's talk will begin at 7 pm and is free to the public. The program is sponsored by the Black Canyon Chapter of the Audubon Society. For more information call <u>970-688-0757</u>.

Sept. 29-Art Open House featuring local artists Cheri Isgreen, Lynn Vogel and Debbie Watkins Friday Sept. 29 from 5-7pm at Backstreet Bagel Company Gallery 127 N Townsend in Montrose. Light refreshments will be served.

Sept. 29-Mountain Men & Stars, @ the Fort on the Old Spanish Trail (Fort Uncompahgre) 5 to 8 p.m. Learn about life here in the 18030's. Admission is free.

Oct. 1-Join the Montrose Community Band on Sunday, Oct. 1st at 3 p.m. in the Montrose Pavilion Auditorium for a free concert. The concert entitled The Color of Music will feature various styles of music with a color in the title. For more information visit www.montroseband.com or call 970-596-1188.

Oct. 3-Local nonprofits are invited to meet middle and high school students, share information about their missions and volunteer assignments, and get contact information for prospective volunteers at the Youth Volunteer non-profit Fair in Ridgway Oct. 3, from 12:30 to 1:30 p.m.. Only 30 tables are available, so register early by downloading, filling out and returning the Registration Form. The fair is co-sponsored by the Ridgway Area Chamber of Commerce. Nonprofit chamber members can participate for free; non-members pay a \$10 fee. One nonprofit will be selected to receive a \$100 donation. For information about chamber membership, go to: https://ridgwaycolorado.com/about/member-benefits.

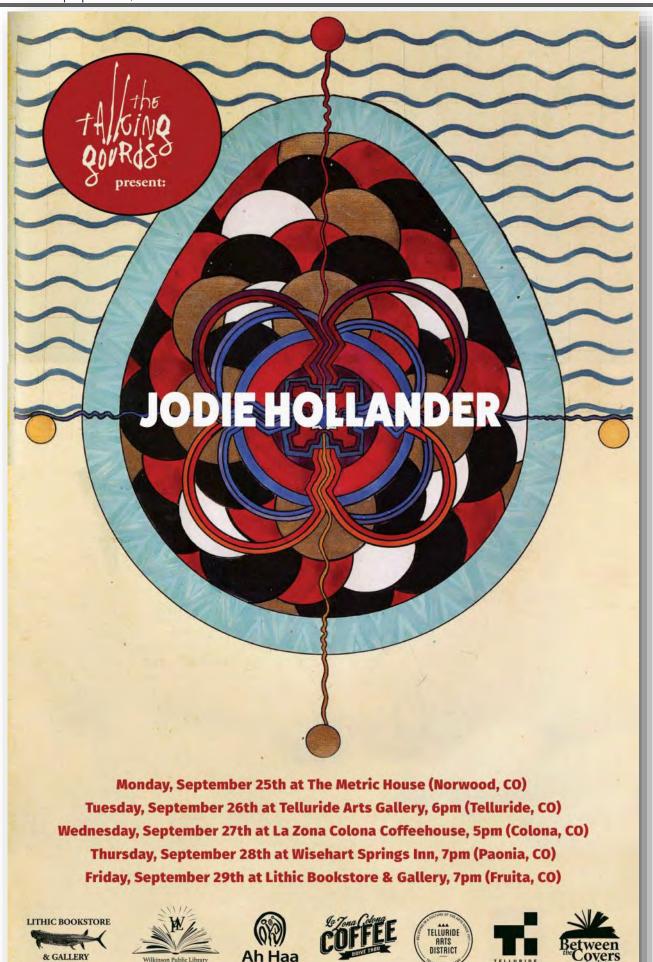
Oct. 5--The RADIO ROOM PLAYERS and The LOST THEATER TROUPE present The Poe Project on Thursday, Oct. 5th at 7 pm. -Join The KAFM Radio Room Players for an evening of poetry and prose by and inspired by Edgar Allan Poe. Get in the Halloween mood with tales of suspense and horror performed by local actors and poets. Suggested donation at the Door \$5 for students and seniors, \$7 for adults. Come early and beat the witching hour doors open at 6:30 pm. Suggested donation \$5 students and seniors, \$7 adults. All proceeds go to KAFM. For more information call (970) 241-8801 or go online at www.kafmradio.org. The Radio Room is located at 1310 Ute Avenue, Grand Junction, CO 81501. Doors open at 6:30 p.m.

Oct. 6-Landowners are invited to the "Forage Establishment, Renovation & Management Demonstration Plot Open House", on Friday, Oct. 6 from 9 AM to 1 PM, at the Delta County Fairgrounds (403 S. 4th Street, Hotchkiss, CO). The event will be located on the southeast corner of the fairgrounds, by the river. The project is a cooperative effort by CSU Extension, USDA Natural Resource Conservation Service, Delta Conservation District, Delta County, and the Colorado Association of Conservation Districts. The program is free and there's no cost to participate. For more information and to sign up for this workshop call 970-249-3935.

Oct.6-SOM Sense of Motion Footwear will celebrate Manufacturing Day on Friday, Oct. 6th. Join us for these special, in-depth tours at either 8:30 am or 11 am on Friday Oct. 6th. The tour is at the SOM Footwear Factory 1006 N. Cascade Avenue in Montrose, CO, and will last approximately 1.5 hours. Space is limited so reserve your spot before Oct. 4th by sending an email to som-team@som-footwear.com.

Oct. 7-Volunteers of America presents The Kindness Diaries Tour with Leon Logothetis, @ Crossroads Victory, 3 to 4 p.m. Free to the public. Oct. 7-There will be a benefit for P.E.E.R. Kindness at Antler Ridge (72015 Kinikin Road) on Oct. 7, from 5 to 10 p.m., featuring a national antibullying speaker who will also visit all six local elementary schools. For tickets visit www.peerkindness.net.

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MONTROSEM I R R O R

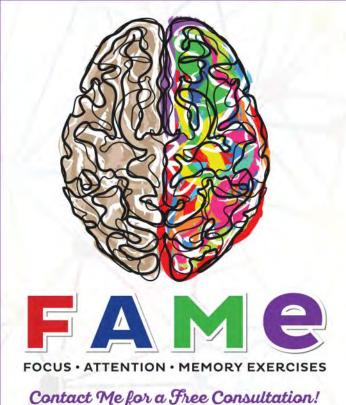
Contact the Montrose Mirror: 970-275-0646

Editor@montrosemirror.com

www.montrosemirror.com

New City of Montrose employees introduced to city council during the Sept. 18 work session are (L to R) Patrol Officer A.J. Naro; Animal Control Officer Richard Phillips; Golf Course Grounds Superintendent Jon McGinn; Parks and Special Projects Division Worker Jonathan Schneider; and Human Resources Generalist Jaime Holmes. Photo by Gail Marvel.





Michele Gad • 970-948-5708

MicheleGad.fame@aol.com

FAMC is a series of customized exercises, designed to develop new neural pathways in the brain (referred to as neuroplasticity), which can improve focus, attention and memory. The program embraces a holistic approach to brain health, provided in the client's home.

Benefits healthy aging adults and may effectively treat:

- Stroke Survivors
- Depression & Anxiety
- Youth & Adult ADD/ADHD
- PTSD & Traumatic Brain Injuries
- Alzheimers & Dementia

Michele Gad is a Certified DelGiacco Neuro Art
Therapist, who assists individuals with cognitive
or mental health challenges to live life as fully and
independently as possible. She developed FAME in 2010
to better assist her clients. Sessions are specifically
designed to meet client's individual needs, goals,
abilities, and level of commitment...and have fun!